



8 Station Multi Gym Selectorized ASSEMBLY INSTRUCTIONS



Please take the time to carefully read the instruction manual before starting the process of assembling your machine. If you have any inquiries or complications, please call us at 662-GYM-BROS, or email us at info@gymbrofitness.com.

Ensure to tighten all nuts and bolts, lubricate any sliding parts, bearings, and moving mechanisms. We also suggest applying Loctite or any kind of thread locking adhesive to anything that does not thread into a Teflon nut. It is also important to ensure that every movement arm is properly aligned prior to frequent use, and that the machine that you are assembling is fully functional.

Tools Required for Installation:
Rubber Mallet
Level
Ratchet and Socket Set
Snap Ring Pliers
Adjustable Wrench
2 People Required

PARTS/HARDWARE LIST

Part Number	Part Description	Quantity
1	Tricep / Low Pull Main Column	2
2	Low Pull / Cable Crossover Main Column	2
3	Cable Crossover / Lat Pulldown Main Column	2
4	Lat Pulldown / Triceps Main Column	2
5	4 Station Connecting Pad	8
6	4 Station Bottom Beam	2
7	4 Station Top Beam	2
8	Hexagon Socket Button Head Screws M12x110	48
9	Hexagon Locknut M12	82
10	Hexagon Socket Button Head Screws M12x60	18
11	Foot Pad	12
12	Balance Weight Rubber Pad	16
13	Weight Stack	8 group
14	Guide Block	8
15	Guide Sleeve	16
16	Clamp Spring	16
17	Center Rod	8
18	Guide Block Elastic Cylindrical Pin	8
19	Guide Rod	16
20	Guide Rod Fixed Plate	8

PARTS/HARDWARE LIST Continued

Part Number	Part Description	Quantity
21	Hexagon Socket Button Head Screws M8x20	50
22	Balance Weight Line Wheel Box	2
23	Lat Pulldown Connecting Rack	2
24	Cast Steel Joints	8
25	Plastic Joints	8
26	Hexagon Socket Button Head Screws M12x140	8
27	Lat Pulldown Side Frame	2
28	Hexagon Socket Button Head Screws M12x70	28
29	Hexagon Socket Button Head Screws M12x20	16
30	Lat Pulldown Adjustable Plate	2
31	Inner Hexagon Countersunk Head Screws M8x12	4
32	Universal Cushion	2
33	High Pulling/Tricep Cantilever	4
34	4 Station Connection Pad	6
35	Lat Pulldown / Triceps Wheel Box	4
36	Deep Groove Ball Bearings	8
37	Clamp Spring	12
38	Clamp Spring	4
39	High Pulling Leg Press Adjustable Rack	2
40	High Pulling Mainshaft 20x130	2

PARTS/HARDWARE LIST Continued

Part Number	Part Description	Quantity
41	Deep Groove Ball Bearings	4
42	Hexagon Socket Button Head Screws M10x20	24
43	High Pulling Leg Press Leather Tube	4
44	Leather Tube Plastic Cover	8
45	Limit Pad for End Cover of Skin Tube	4
46	Inner Hexagon Countersunk Head Screws M8x20	4
47	Lat Pulldown/Tricep Wire Rope	4
48	Wire Rope Mounting Bolt M14x50	6
49	Wire Rope Mounting Bolt M12x25	6
50	Lat Pulldown Handlebar	2
51	Tricep Connecting Frame	2
52	Tricep Cushion	2
53	Tricep Handlebar	2
54	Low Pulling Frame	2
55	Low Pulling Connecting Frame	2
56	Low Pulling Connecting Frame Wheel Box	2
57	Low Pulling Bracket	2
58	Hexagon Socket Button Head Screws M12x90	4
59	Low Pull Left Foot Pedal	2
60	Low Pull Right Foot Pedal	2

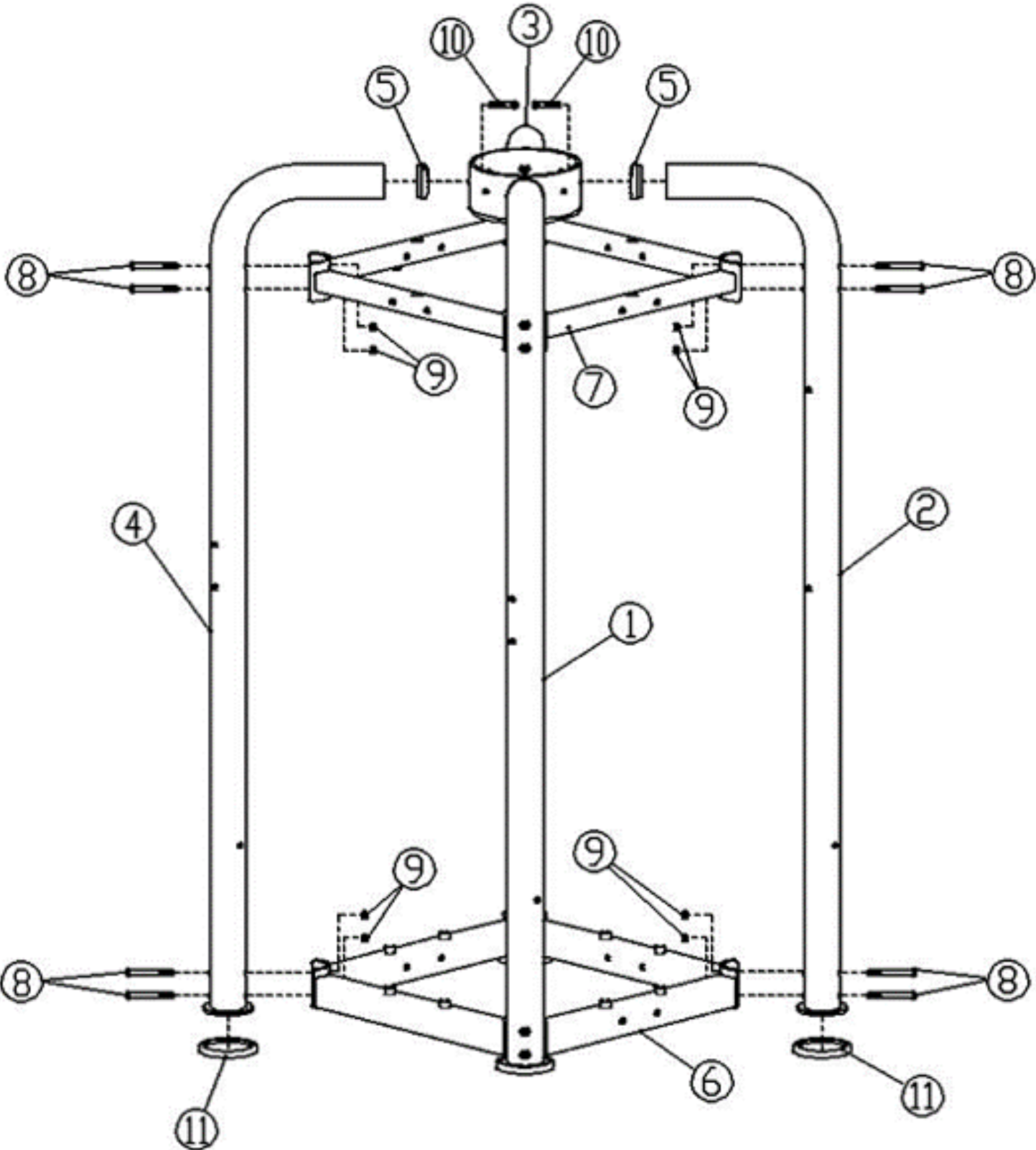
PARTS/HARDWARE LIST Continued

Part Number	Part Description	Quantity
61	Hexagon Socket Button Head Screws M12x100	4
62	Hexagon Socket Button Head Screws M12x80	4
63	Low Pulling Cantilever	2
64	Four Station Connection Pad	2
65	Low Pull Seat Bracket	2
66	Low Pull Main Shaft	8
67	Bushing	16
68	Low Pull Seat Linkage (1)	4
69	Low Pull Seat Linkage (2)	4
70	Low Pull Cushion	2
71	Low Pulling Steel Wire Rope	2
72	Low Pulling Handlebar	2
73	Cable Crossover Underframe	2
74	Bottom Foot Pad	2
75	Cable Crossover Cantilever	2
76	Cable Crossover Adjustable Rack	2
77	Stop pad	6
78	Cable Crossover Moveable Sleeve	2
79	Cable Crossover Moveable Wire Wheel Box	2
80	Cable Crossover Shaft	2

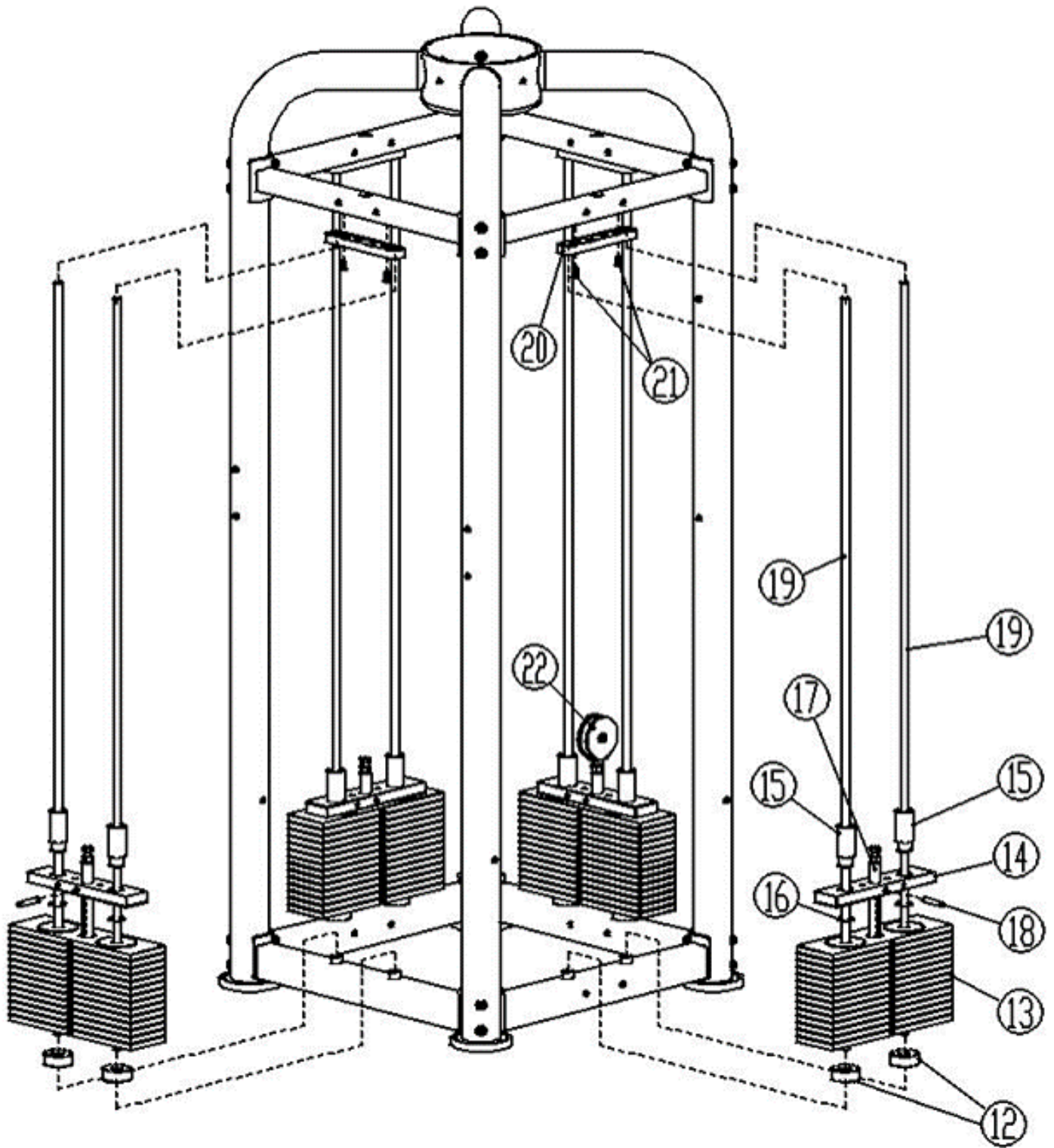
PARTS/HARDWARE LIST Continued

Part Number	Part Description	Quantity
81	Adjustable Pull Pin	4
82	Cable Crossover Handrail	4
83	Cable Crossover Wire Rope	2
84	Cable Crossover Handlebar	2
85	Cable Crossover Main Beam	1

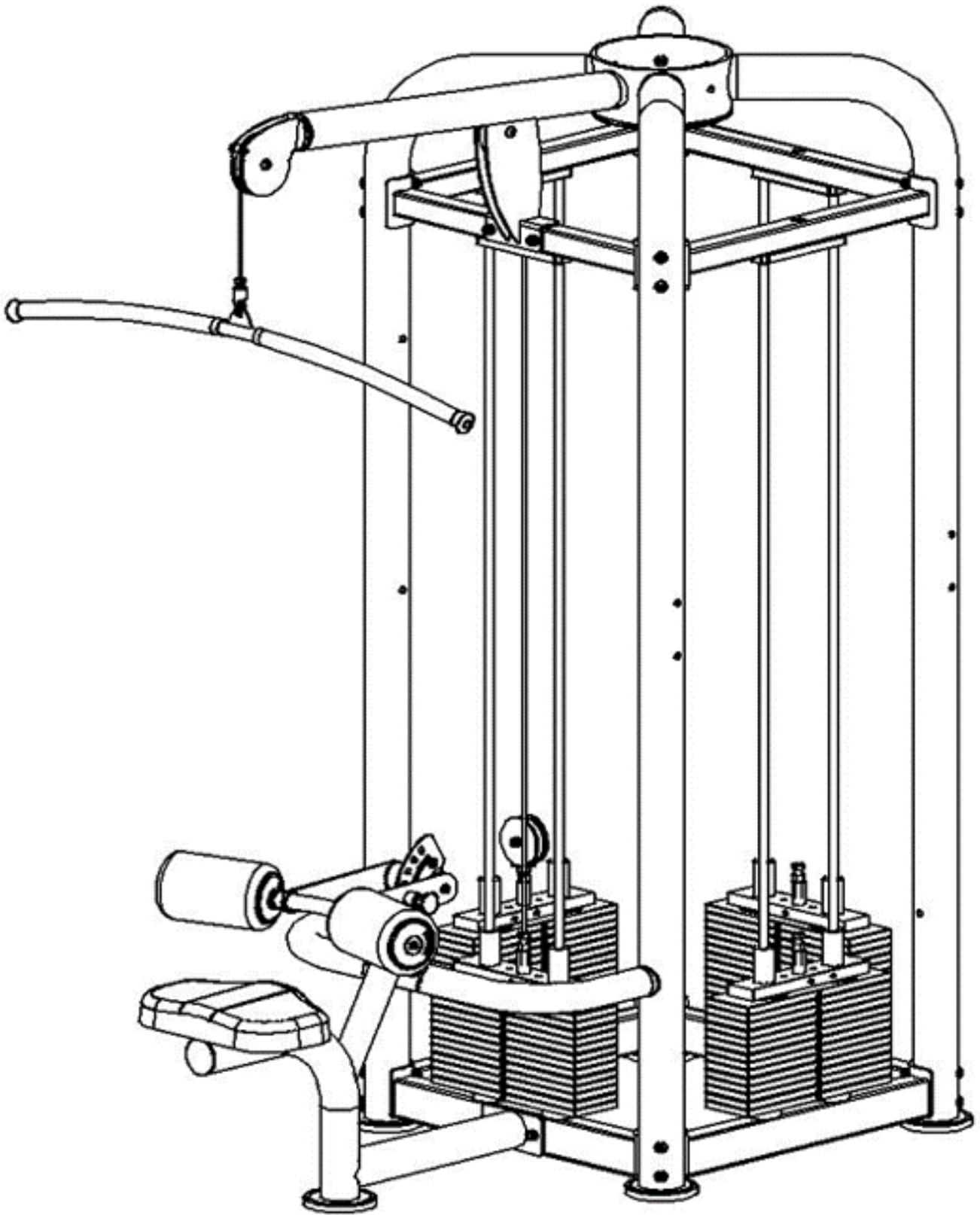
Frame Assembly



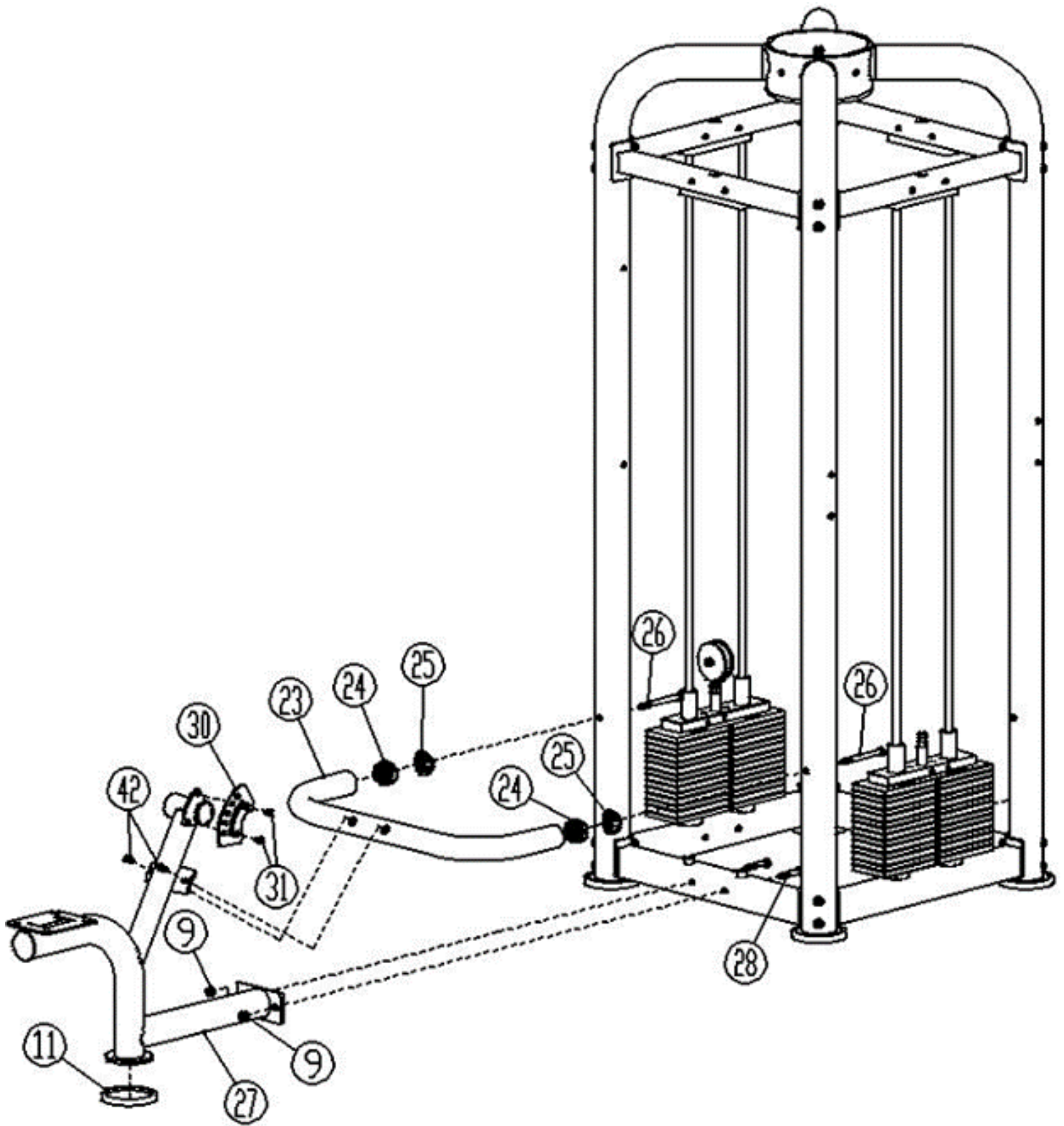
Weight Stack Installation



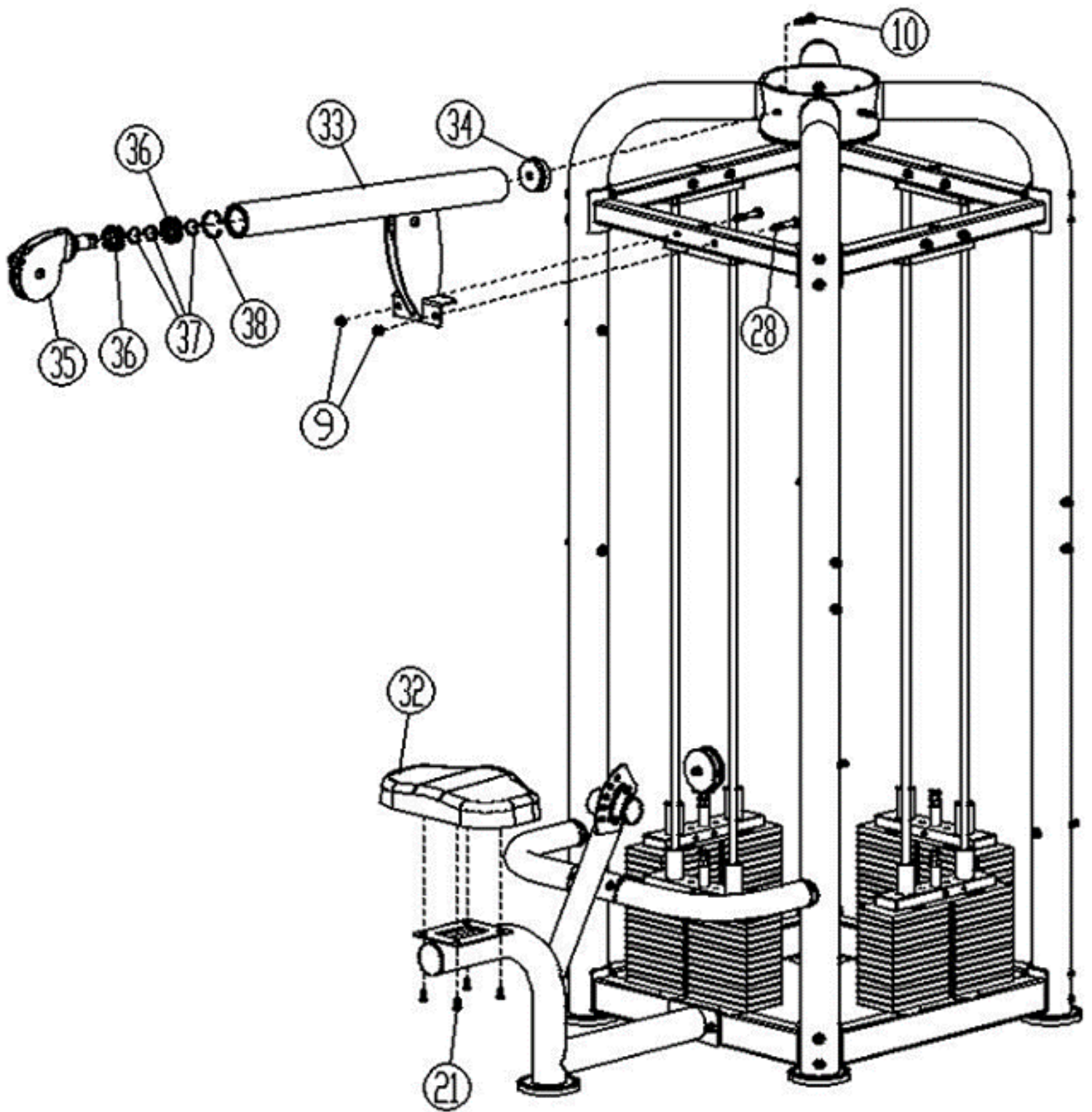
Installation of Lat Pulldown



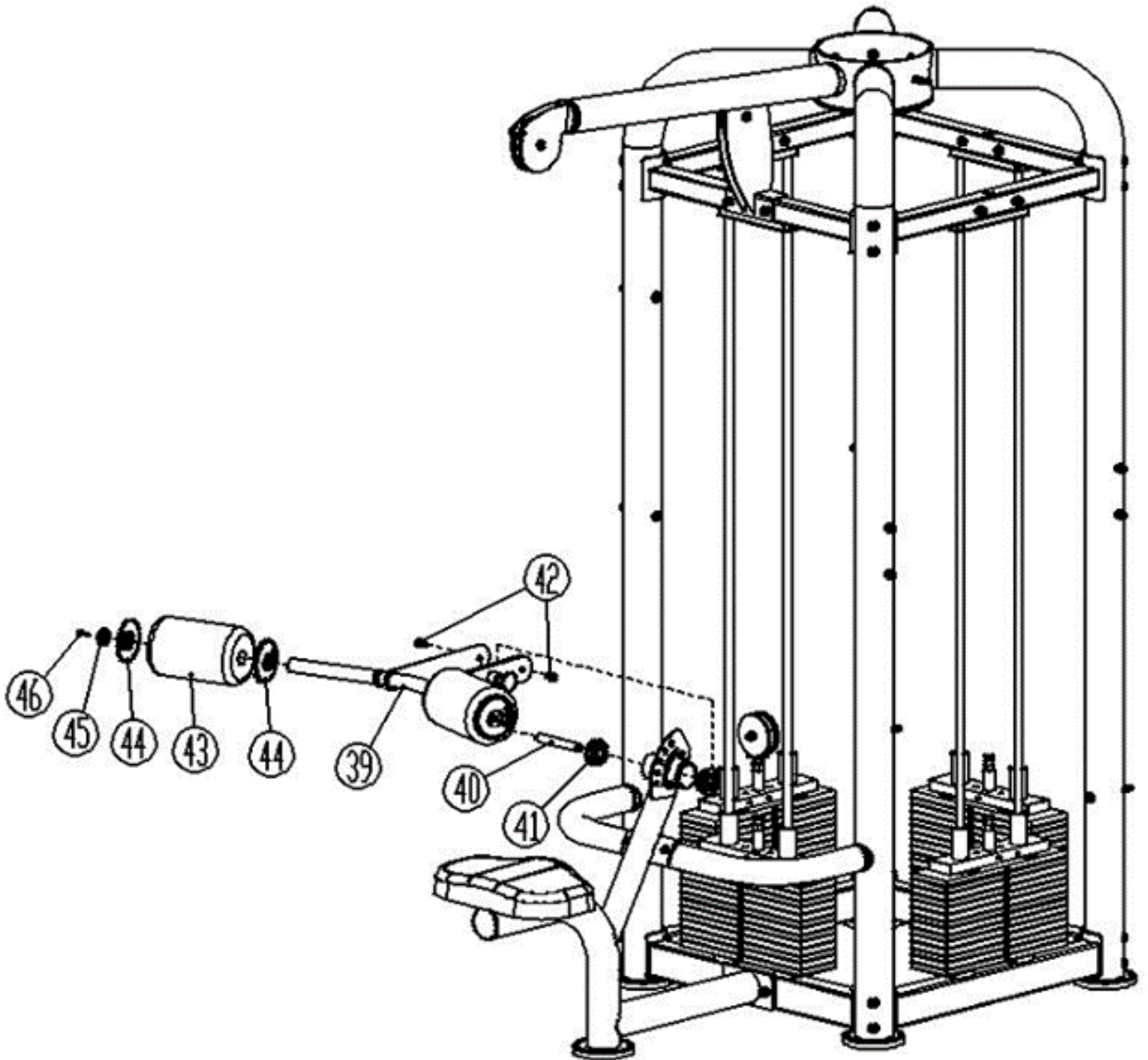
Installation of Lat Pulldown



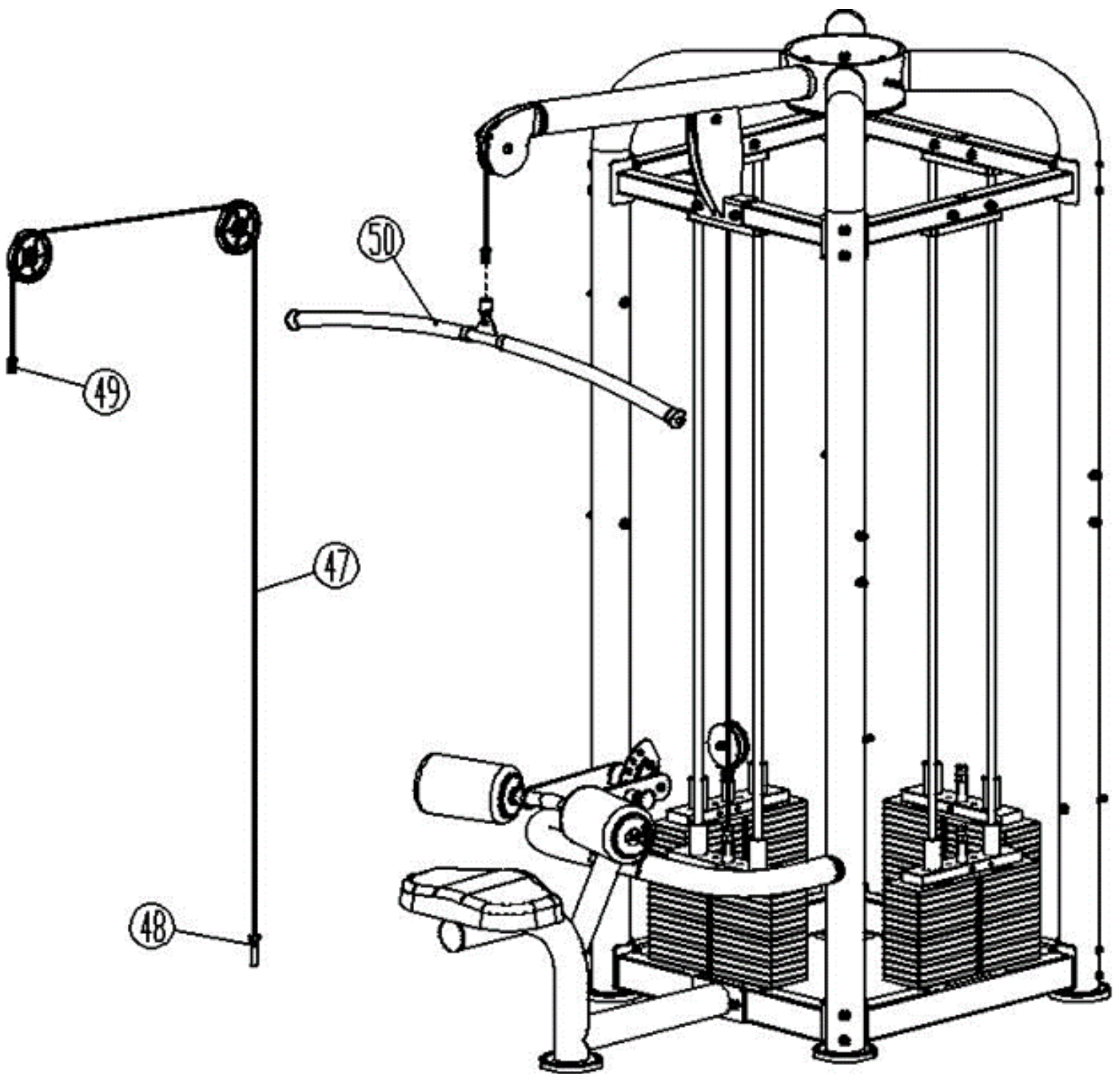
Installation of Lat Pulldown



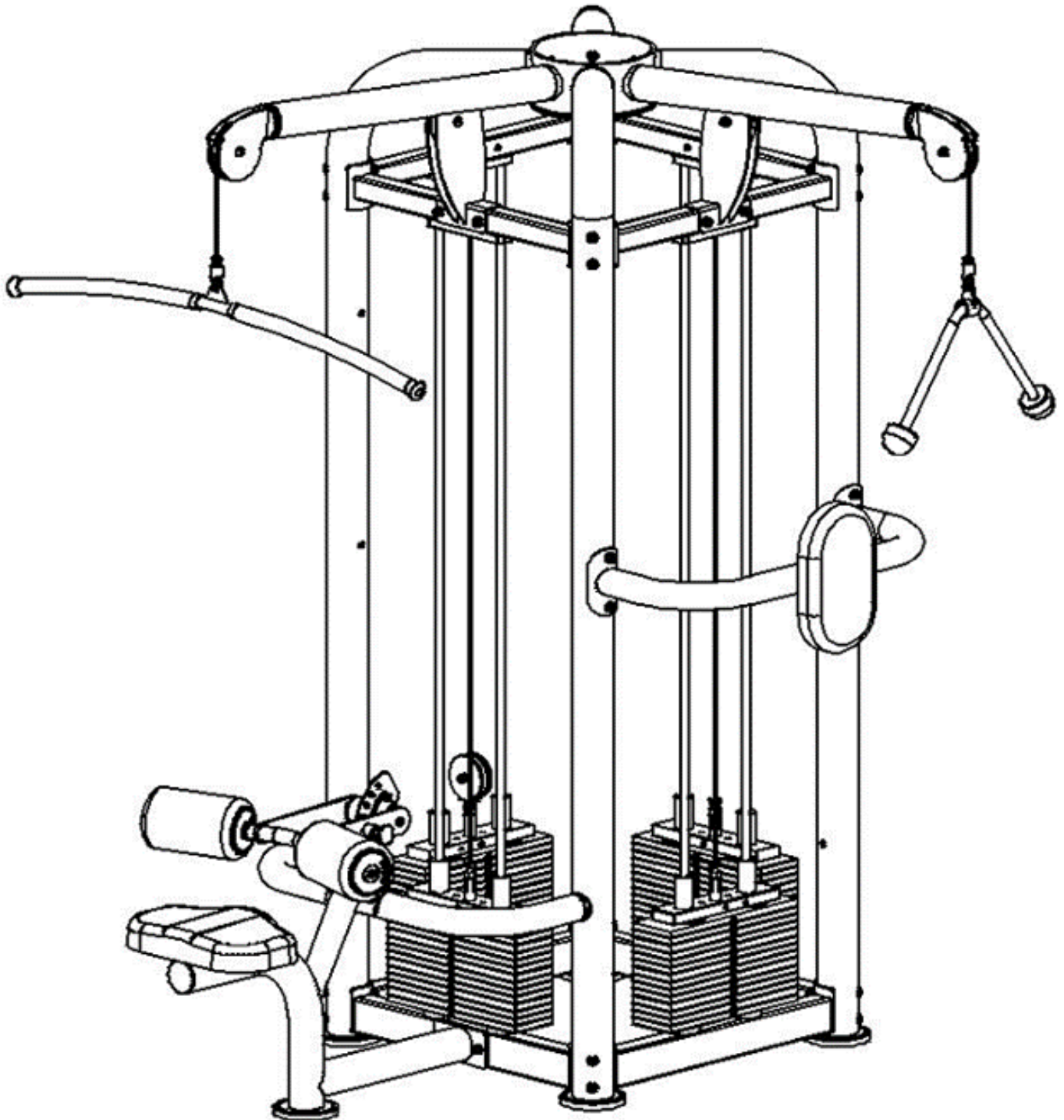
Installation of Lat Pulldown



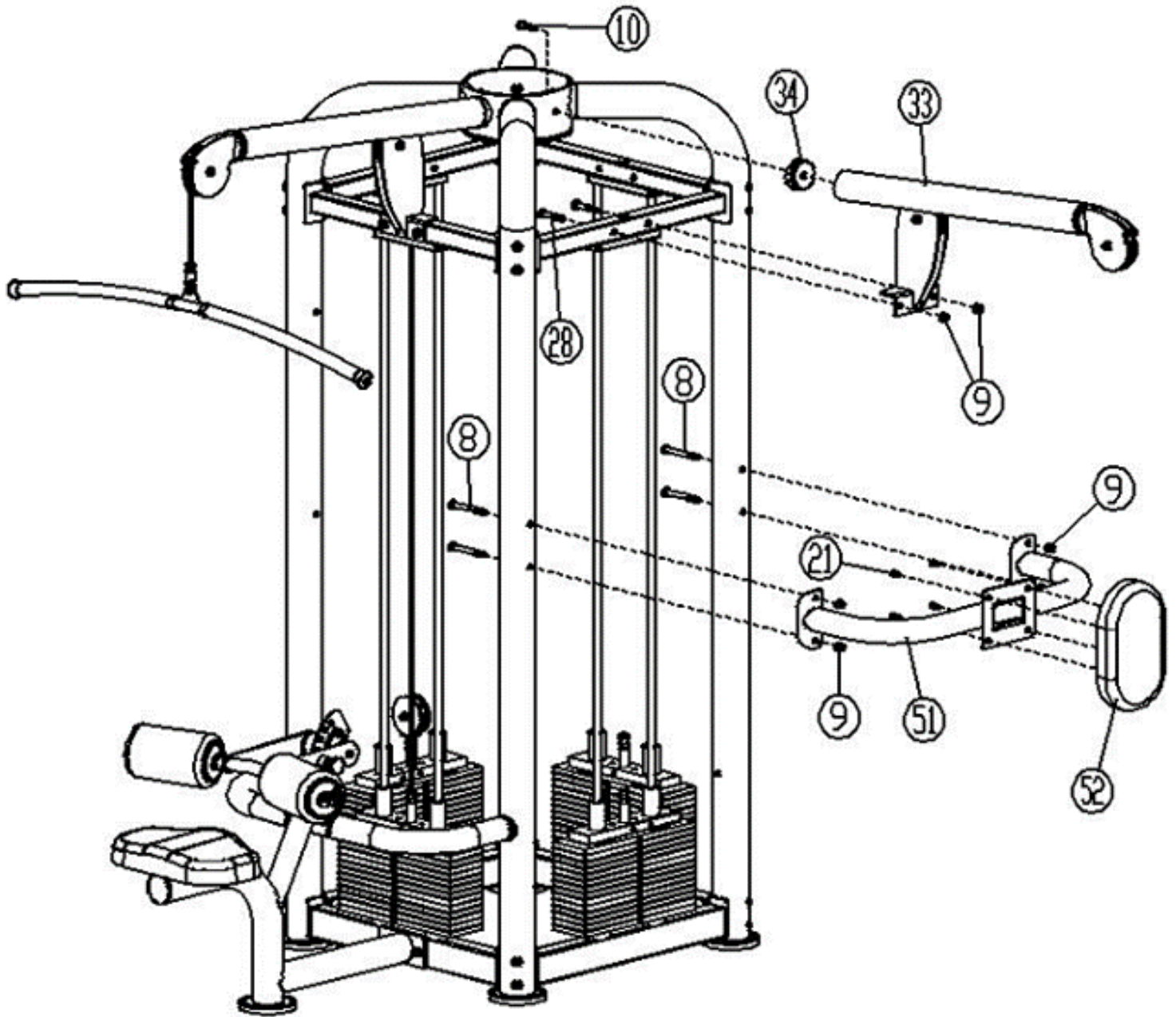
Installation of Lat Pulldown



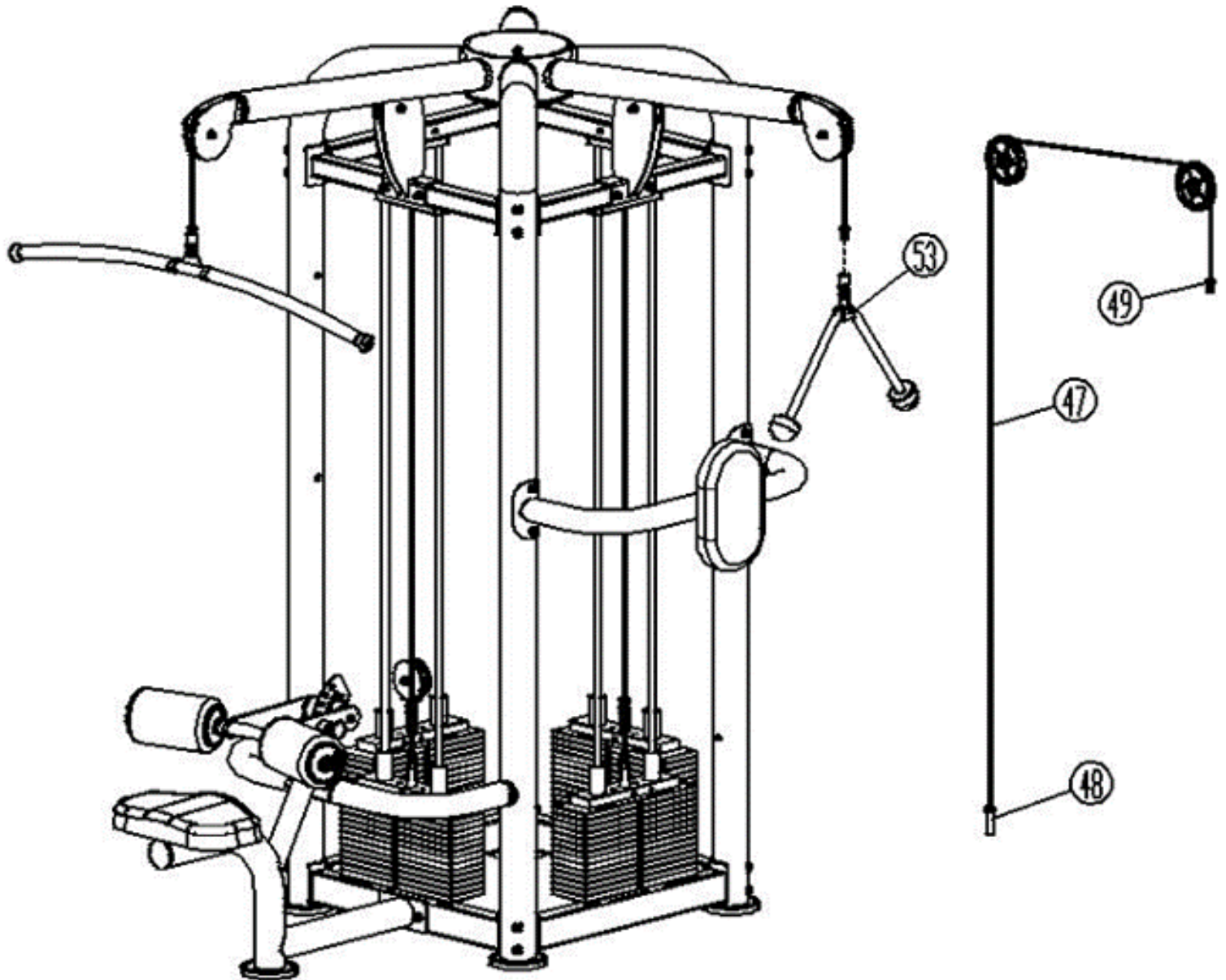
Installation of Tricep Pulldown



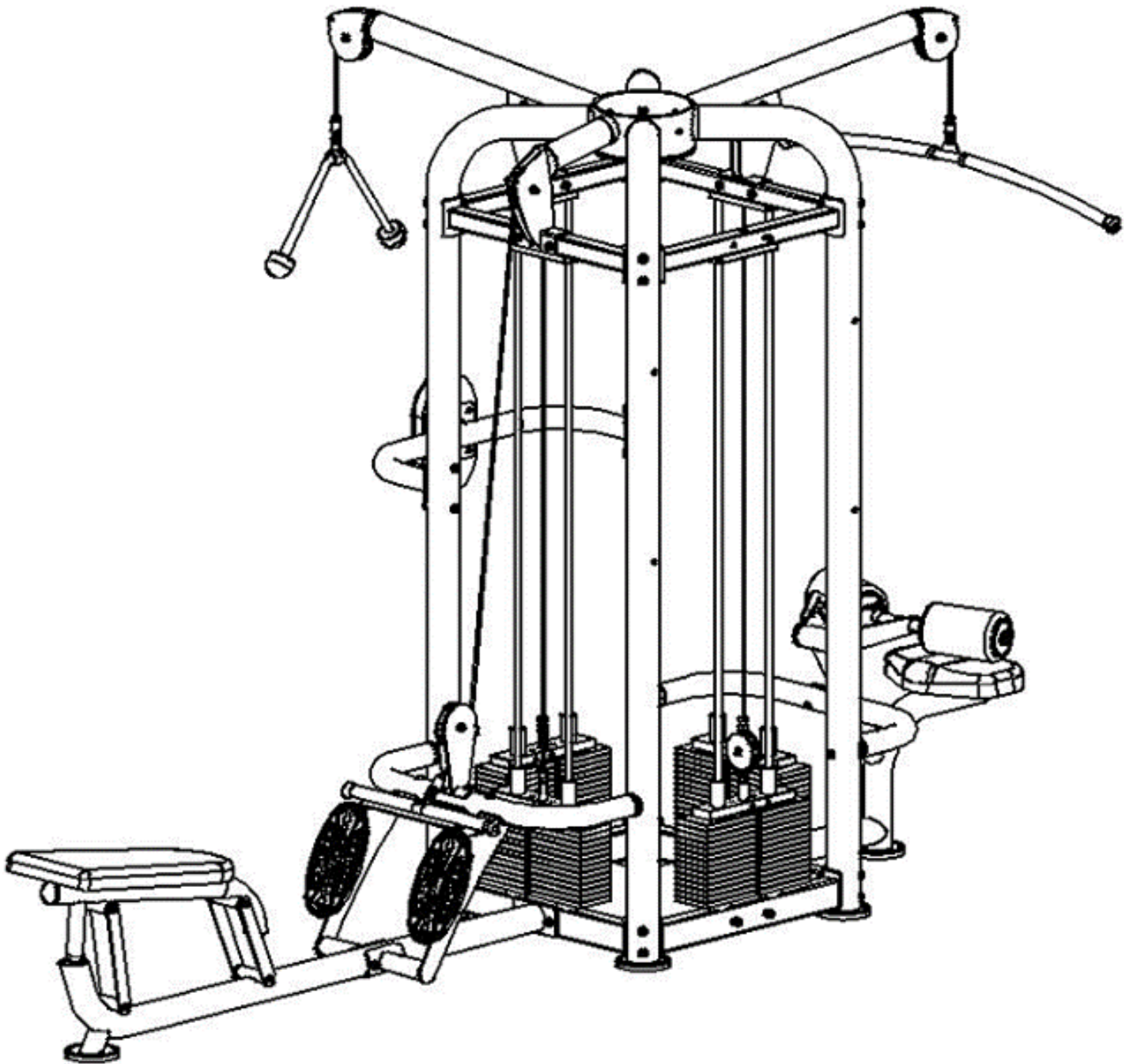
Installation of Tricep Pulldown



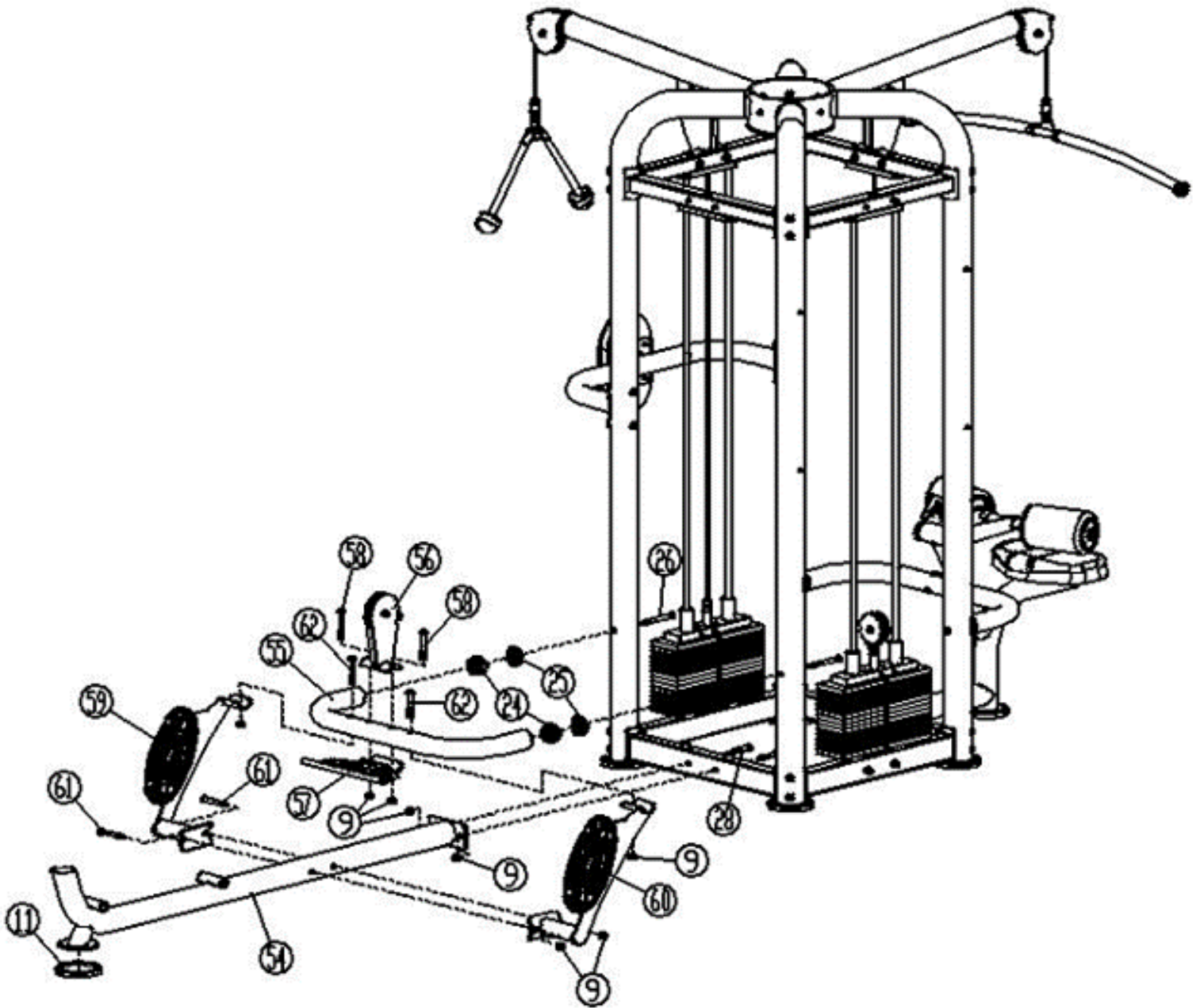
Installation of Tricep Pulldown



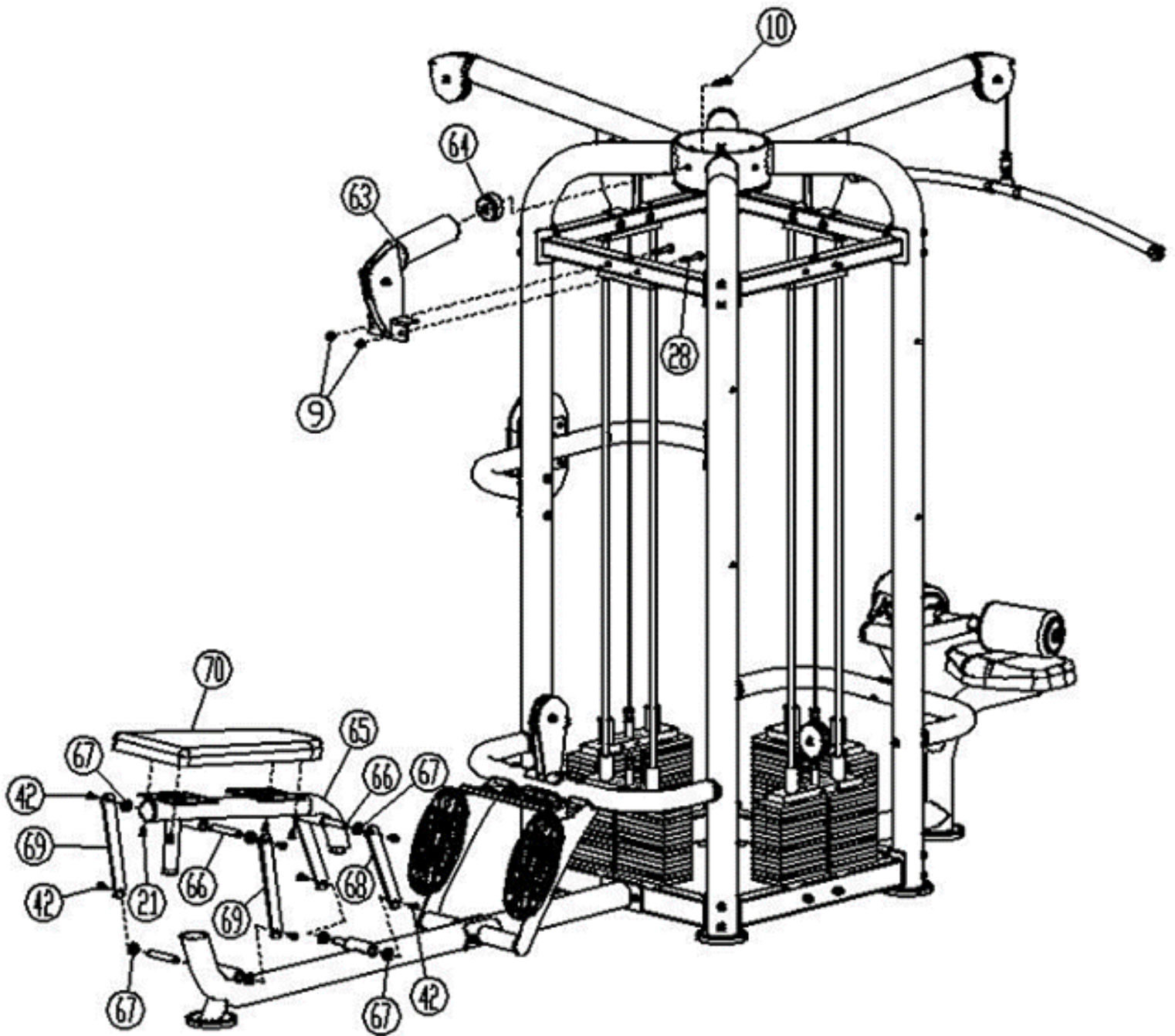
Installation of Low Pull



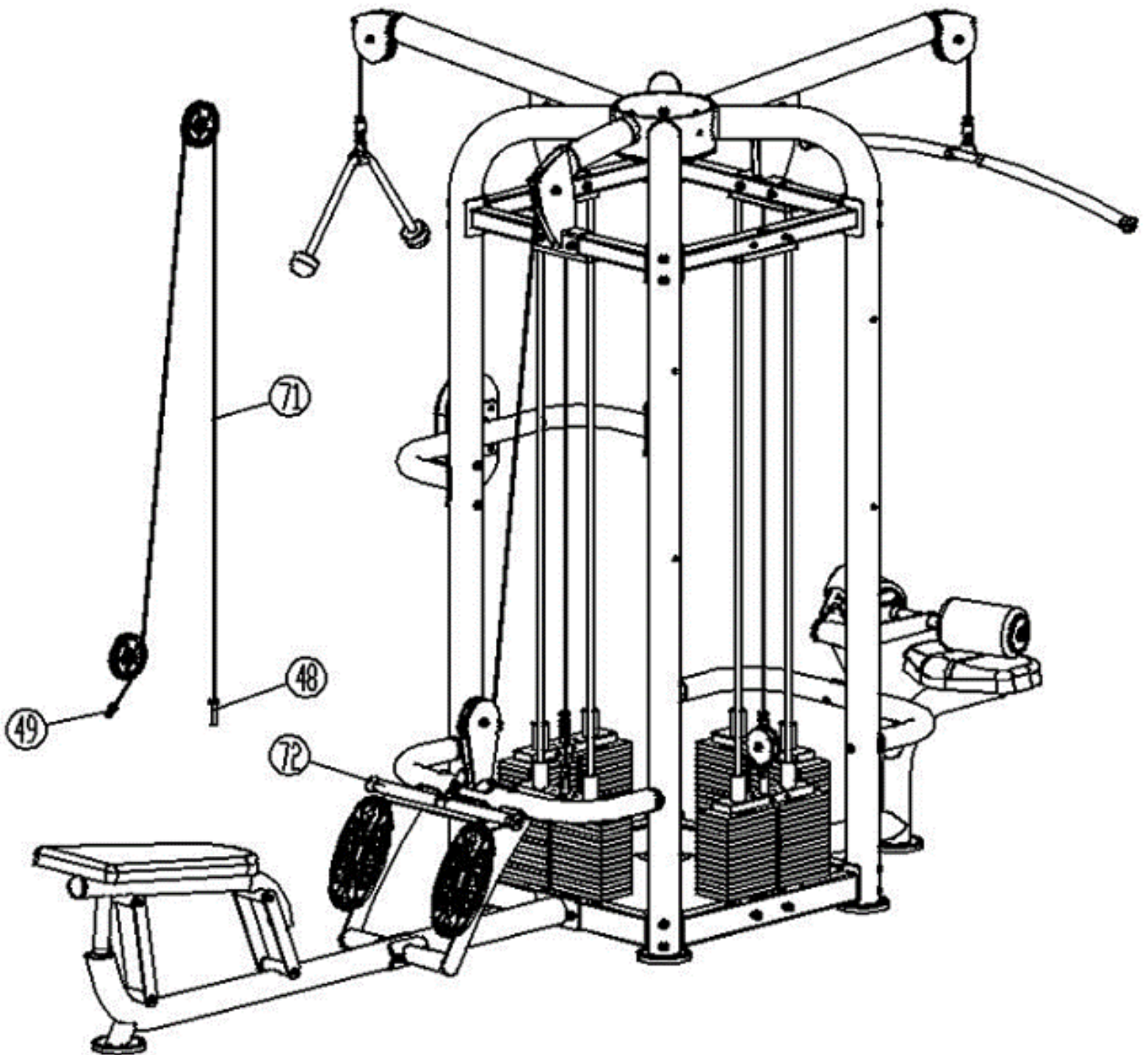
Installation of Low Pull



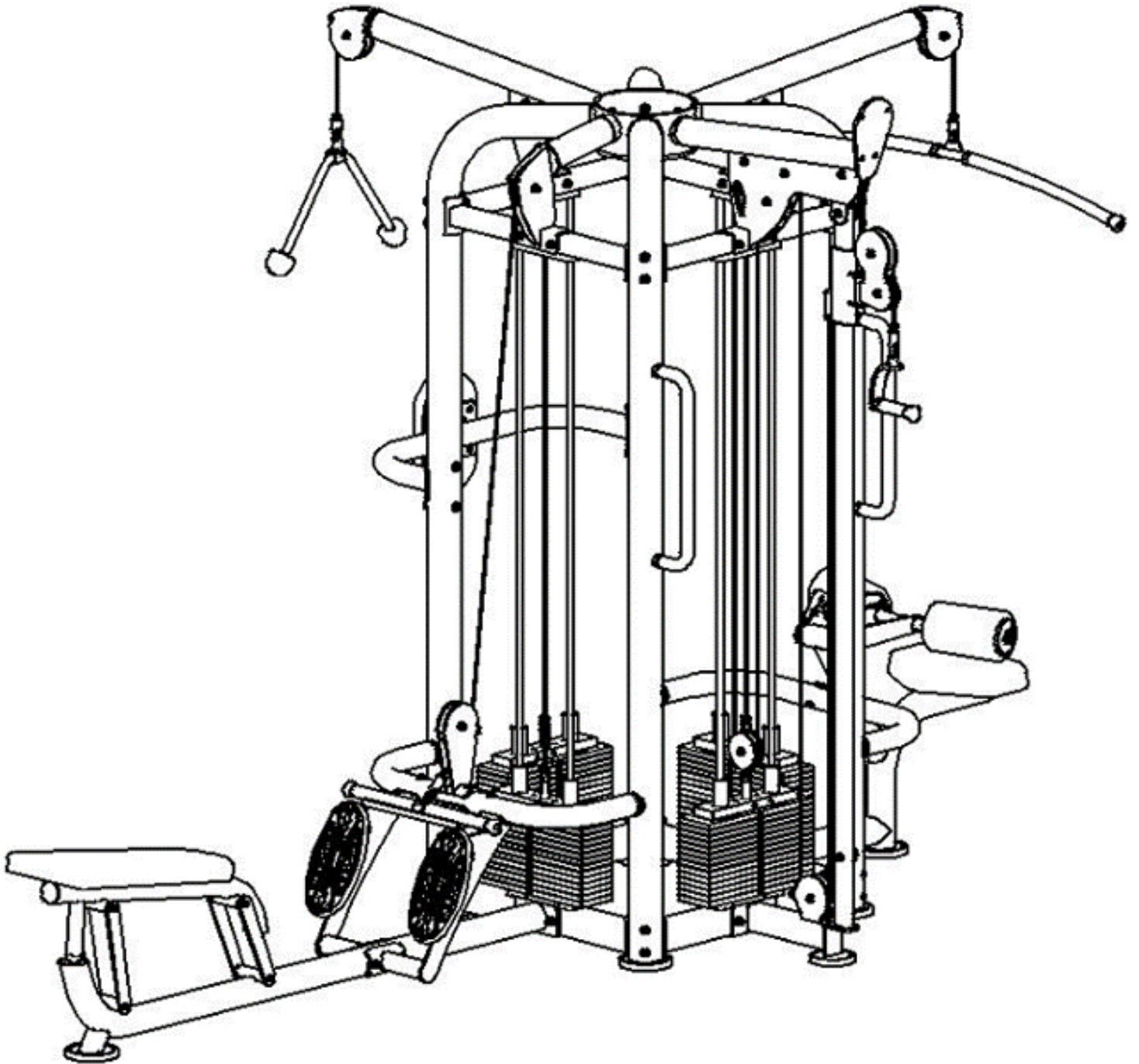
Installation of Low Pull



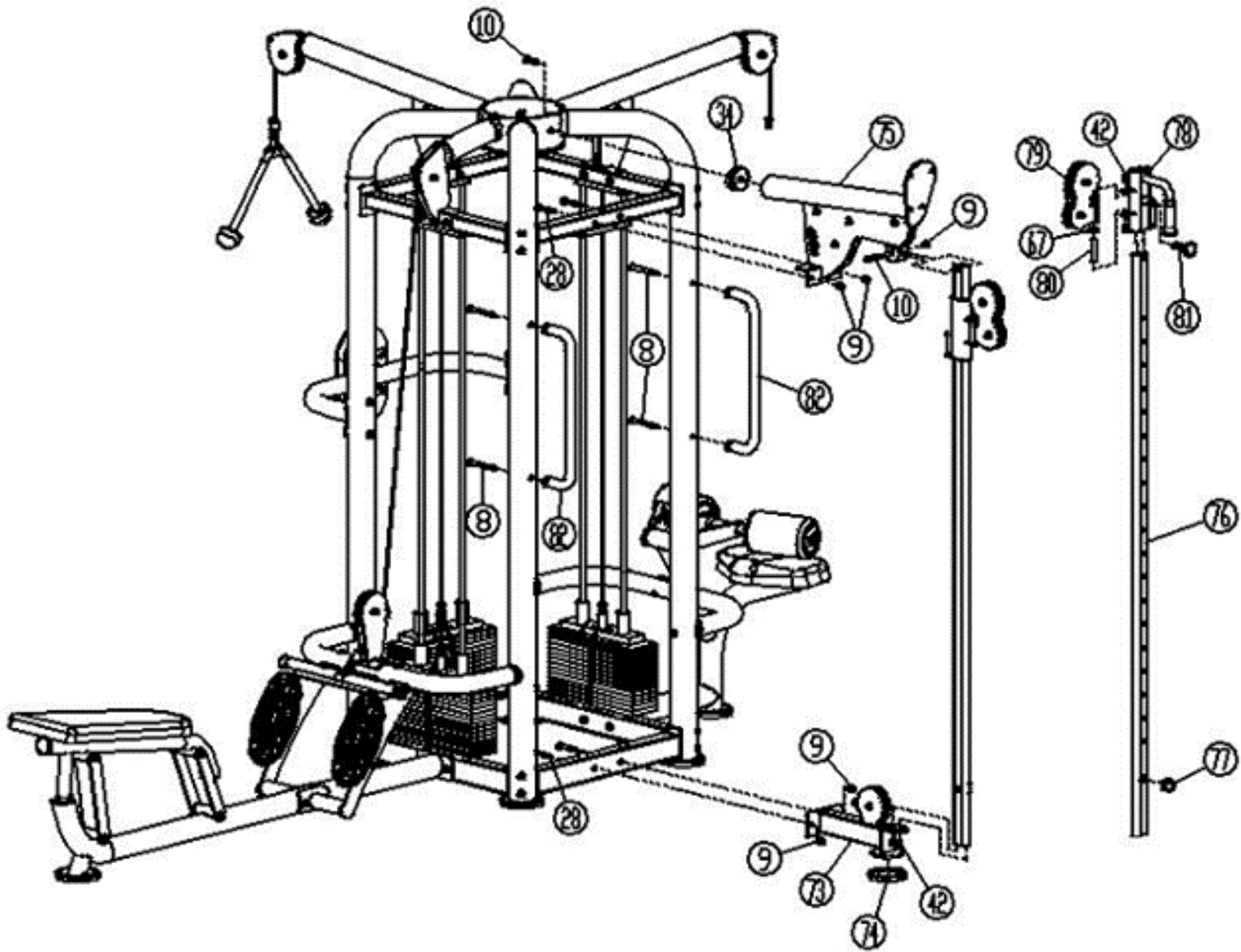
Installation of Low Pull



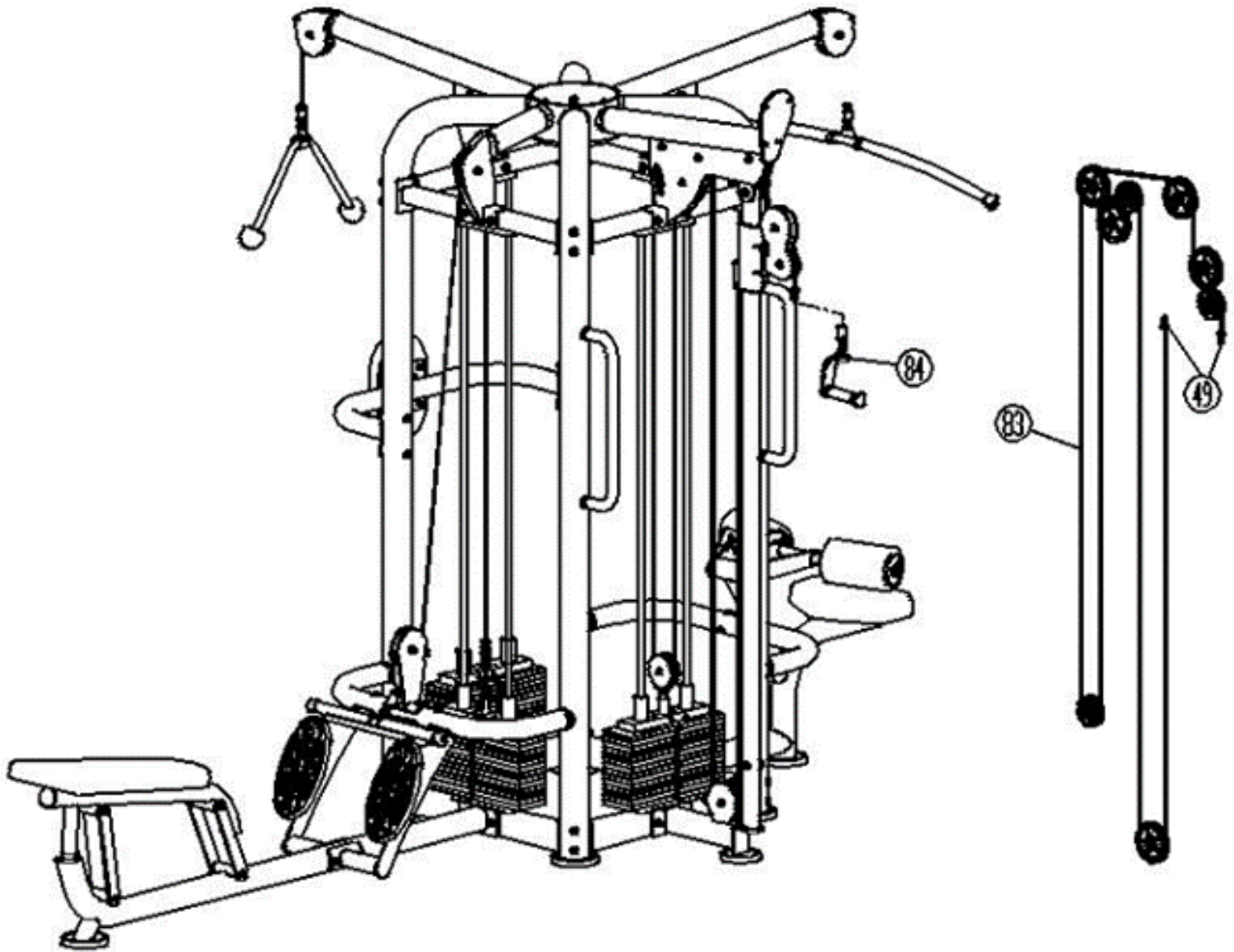
Installation of Functional Trainer



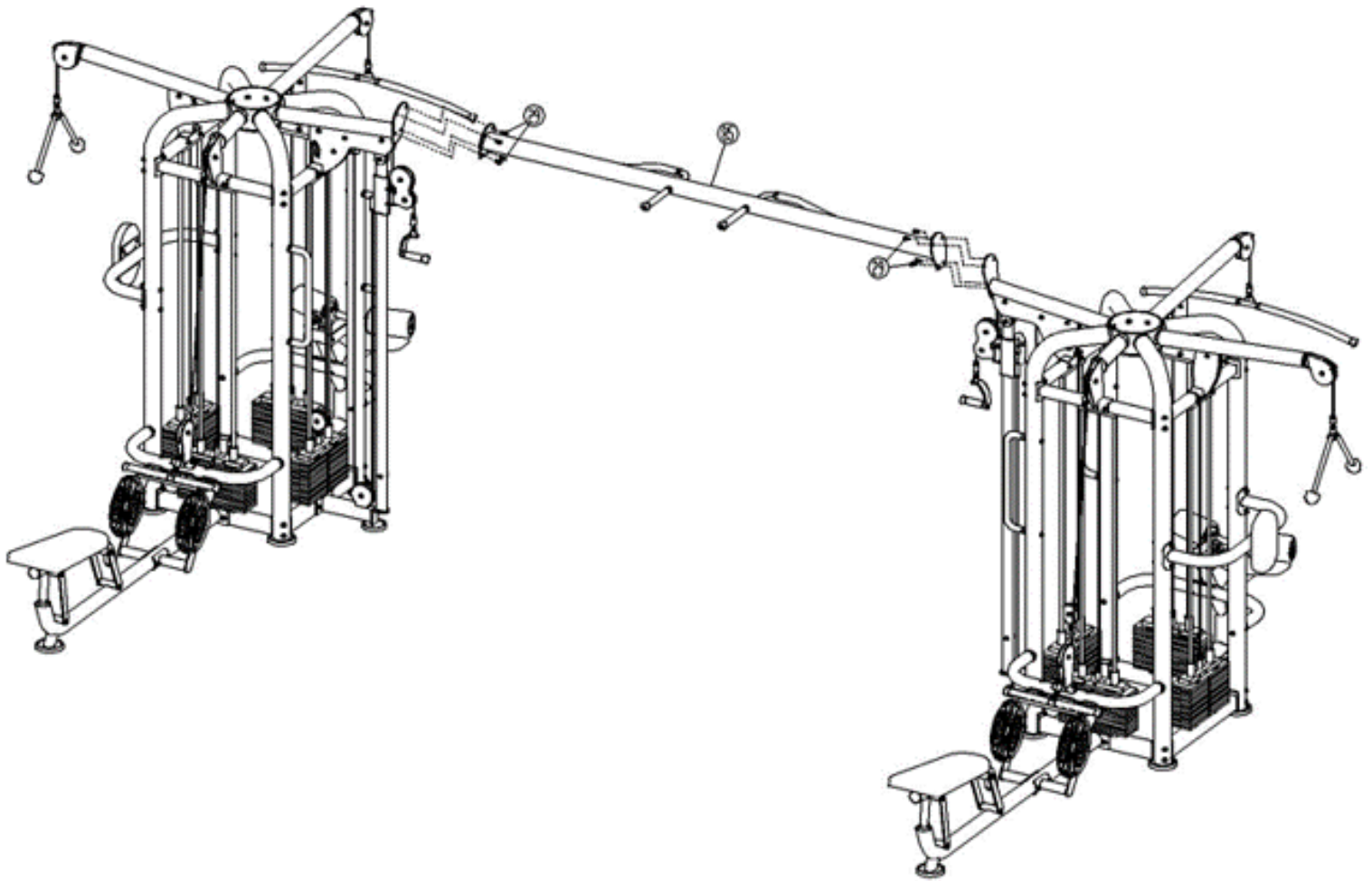
Installation of Functional Trainer



Installation of Functional Trainer



Cable Crossover Installation



Have a question about assembly?



Please contact a Gym Bro Fitness Team Member!

Hours of Operation:

Monday-Friday 9:00am - 5:00pm (PST)

Saturday 9:00am - 3:00pm (PST)

Sunday CLOSED

Phone: (662)GYM-BROS

Email: info@gymbrofitness.com

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