



Diverging Lat Pulldown Selectorized ASSEMBLY INSTRUCTIONS



Please take the time to carefully read the instruction manual before starting the process of assembling your machine. If you have any inquiries or complications, please call us at 662-GYM-BROS, or email us at info@gymbrofitness.com.

Ensure to tighten all nuts and bolts, lubricate any sliding parts, bearings, and moving mechanisms. We also suggest applying Loctite or any kind of thread locking adhesive to anything that does not thread into a Teflon nut. It is also important to ensure that every movement arm is properly aligned prior to frequent use, and that the machine that you are assembling is fully functional.

Tools Required for Installation:
Rubber Mallet
Level
Ratchet and Socket Set
Snap Ring Pliers
Adjustable Wrench
2 People Required

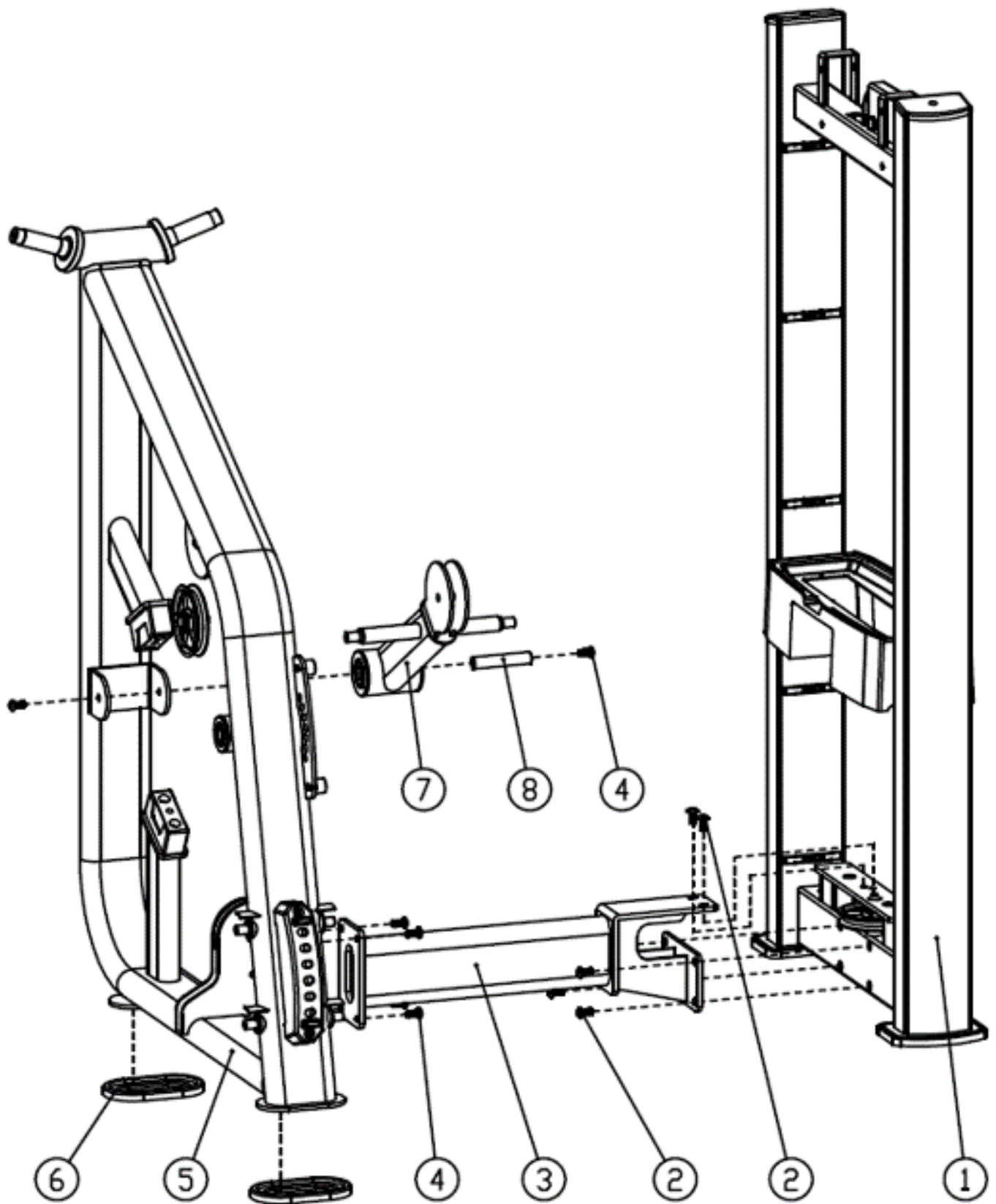
PARTS/HARDWARE LIST

Part Number	Part Description	Quantity
1	Balance Weight Frame	1
2	Hexagon Socket Head Cap Screws M10x20	6
3	Universal Connecting Rack	1
4	Hexagon Socket Button Head Screws M10x20	8
5	Side Frame	1
6	Foot Pad	2
7	Linkage	1
8	Linkage Shaft	1
9	Leg Pressing Shaft	1
10	Leg Pressing Frame	1
11	Inner Hexagon Countersunk Head Screws M8x20	8
12	Seat Rocker Arm Cover	8
13	Seat Rocker Arm	4
14	Coil Spring	2
15	Seat	1
16	Nut Cap	2
17	Hexagon Socket Button Head Screws M10x15	8
18	Flat Pad	2
19	Force Arm	2
20	Handlebar	2

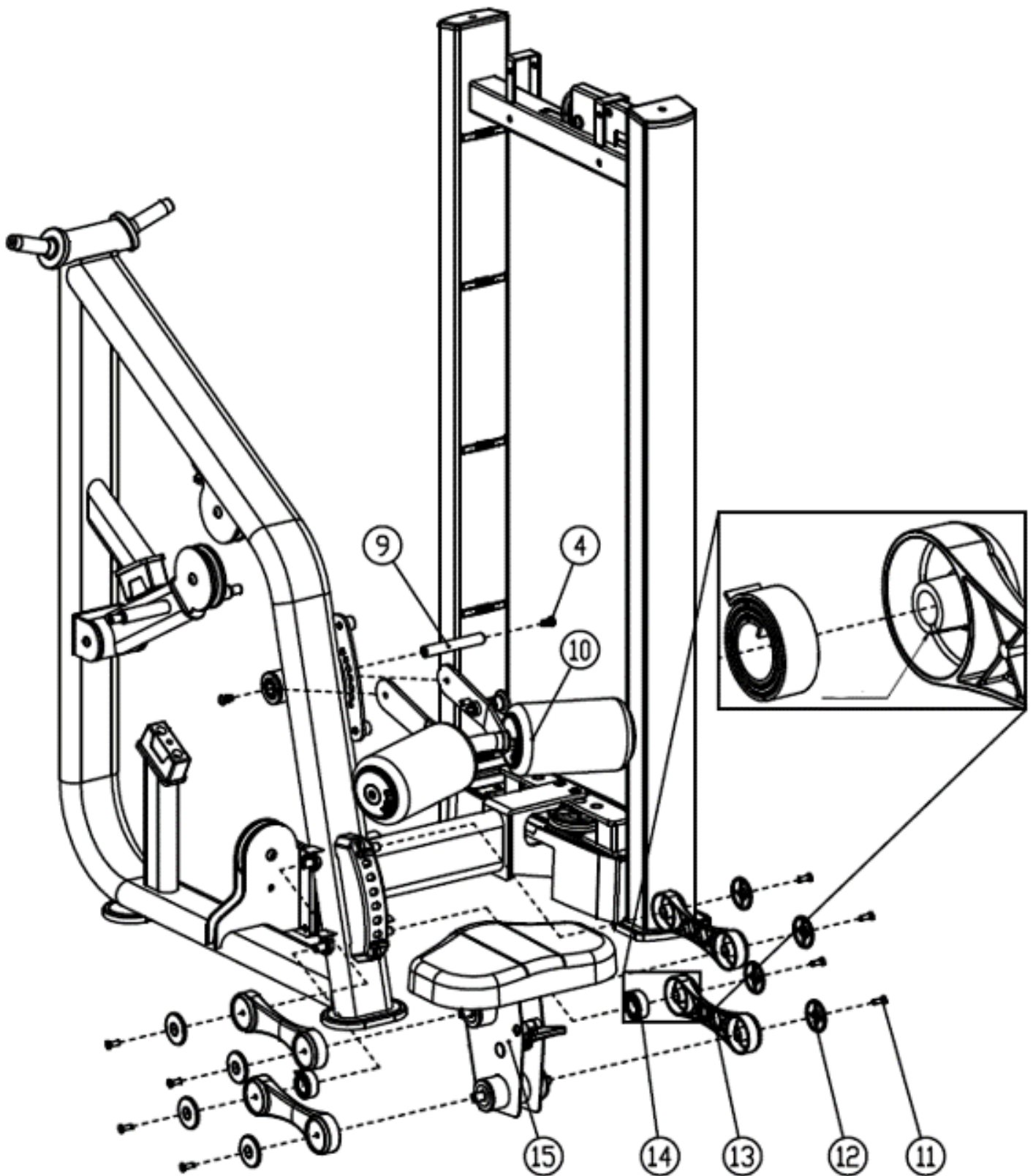
PARTS/HARDWARE LIST Continued

Part Number	Part Description	Quantity
21	Universal Flat Pad	6
22	Pull Bar	2
23	Wire Rope	1

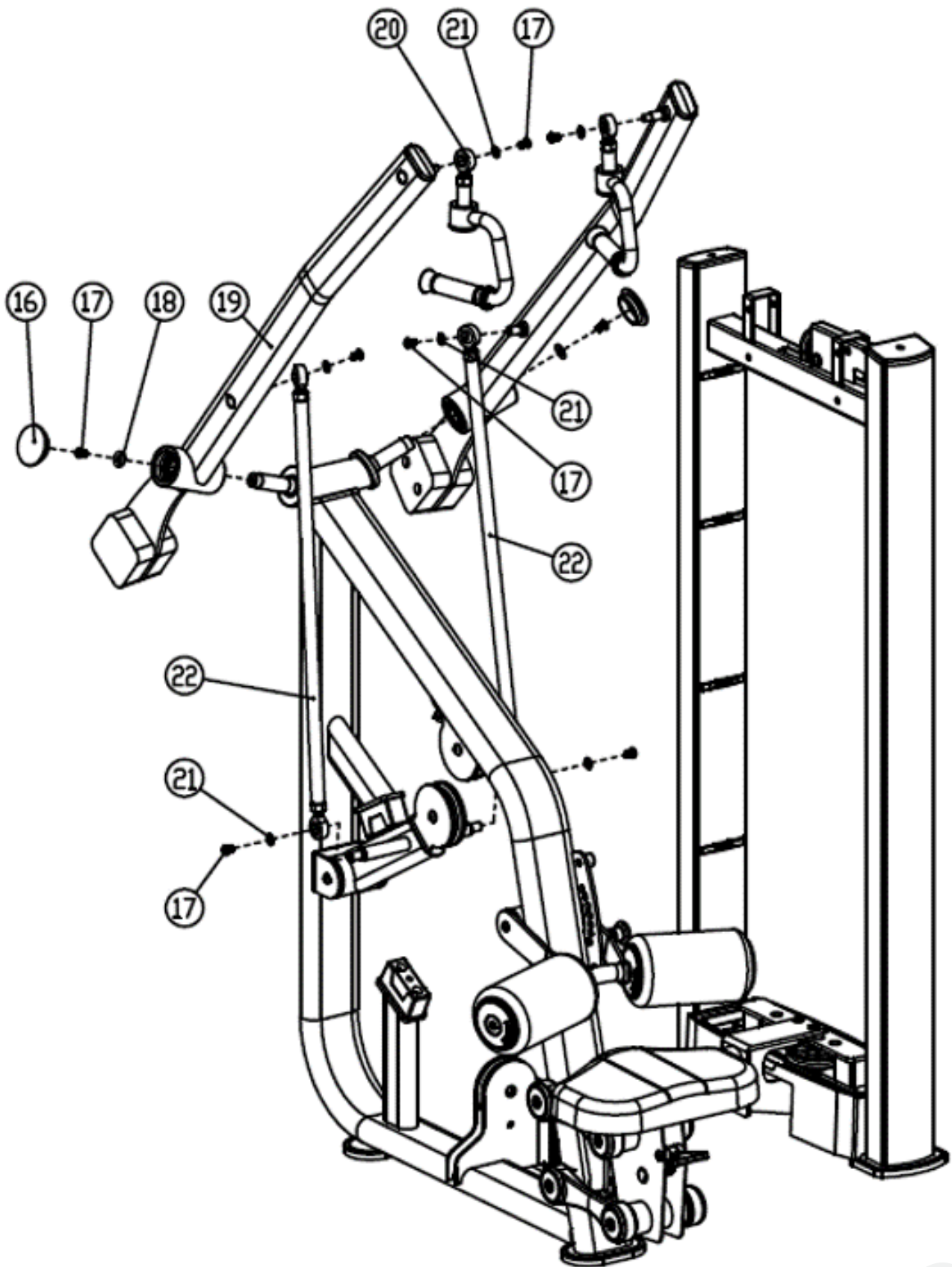
Frame Assembly



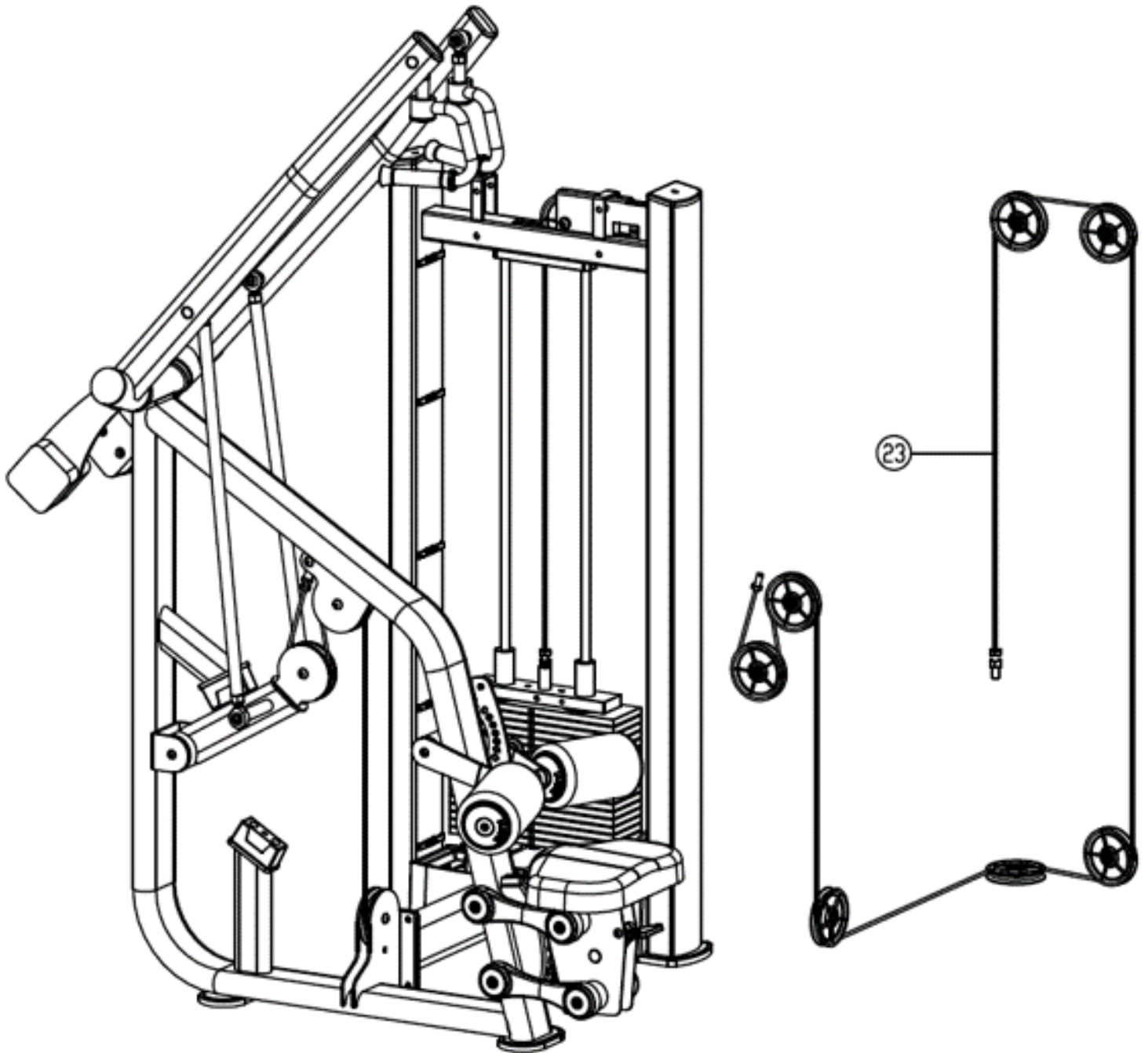
Cushion Installation



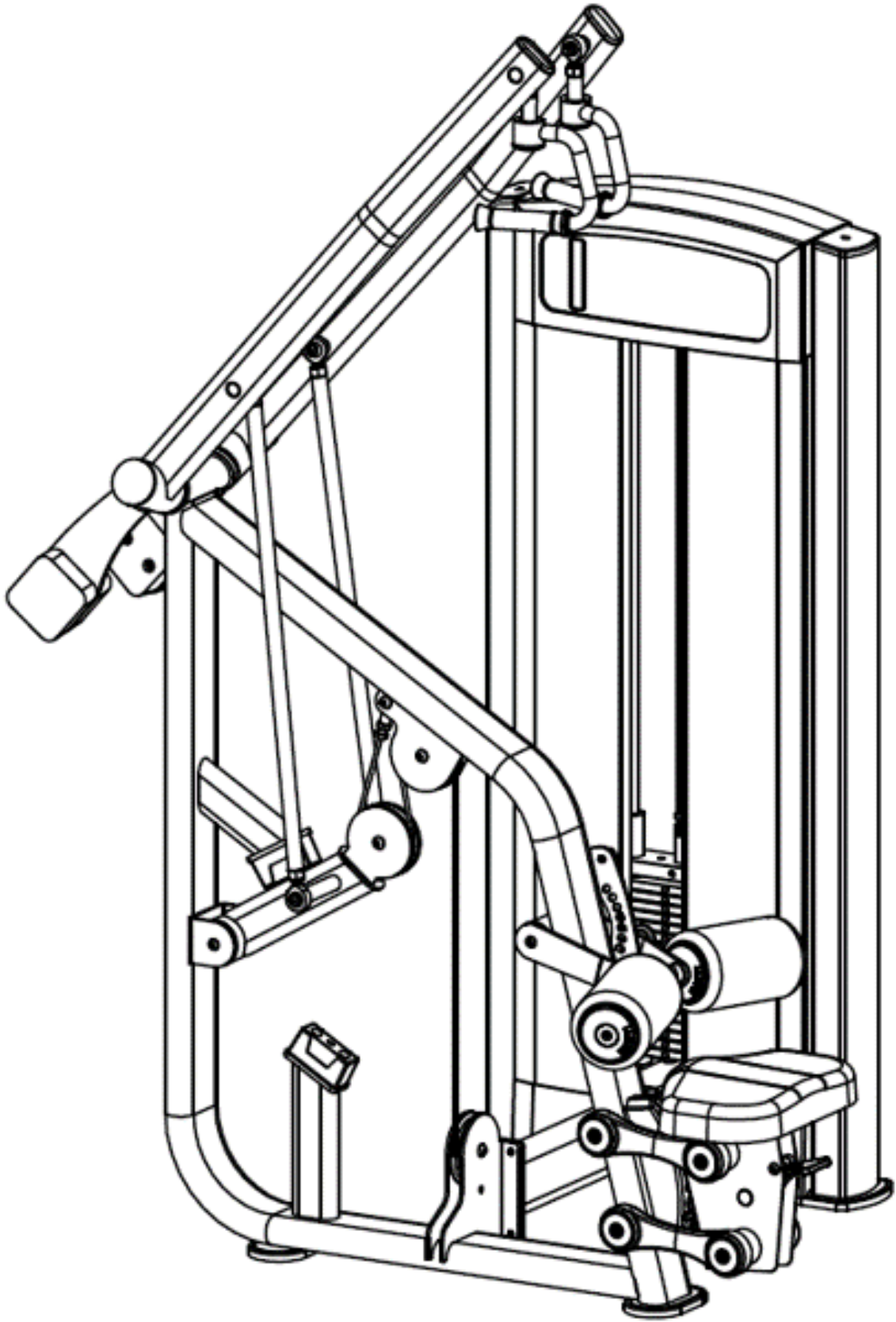
Force Arm Installation



Cable Installation



Cover Installation



Have a question about assembly?



Please contact a Gym Bro Fitness Team Member!

Hours of Operation:

Monday-Friday 9:00am - 5:00pm (PST)

Saturday 9:00am - 3:00pm (PST)

Sunday CLOSED

Phone: (662)GYM-BROS

Email: info@gymbrofitness.com

Visit Our Website: www.gymbrofitness.com