



INCLINE CHEST PRESS/LAT PULLDOWN COMBO ASSEMBLY INSTRUCTIONS



Please take the time to carefully read the instruction manual before starting the process of assembling your machine. If you have any inquiries or complications, please call us at 662-GYM-BROS, or email us at info@gymbrofitness.com.

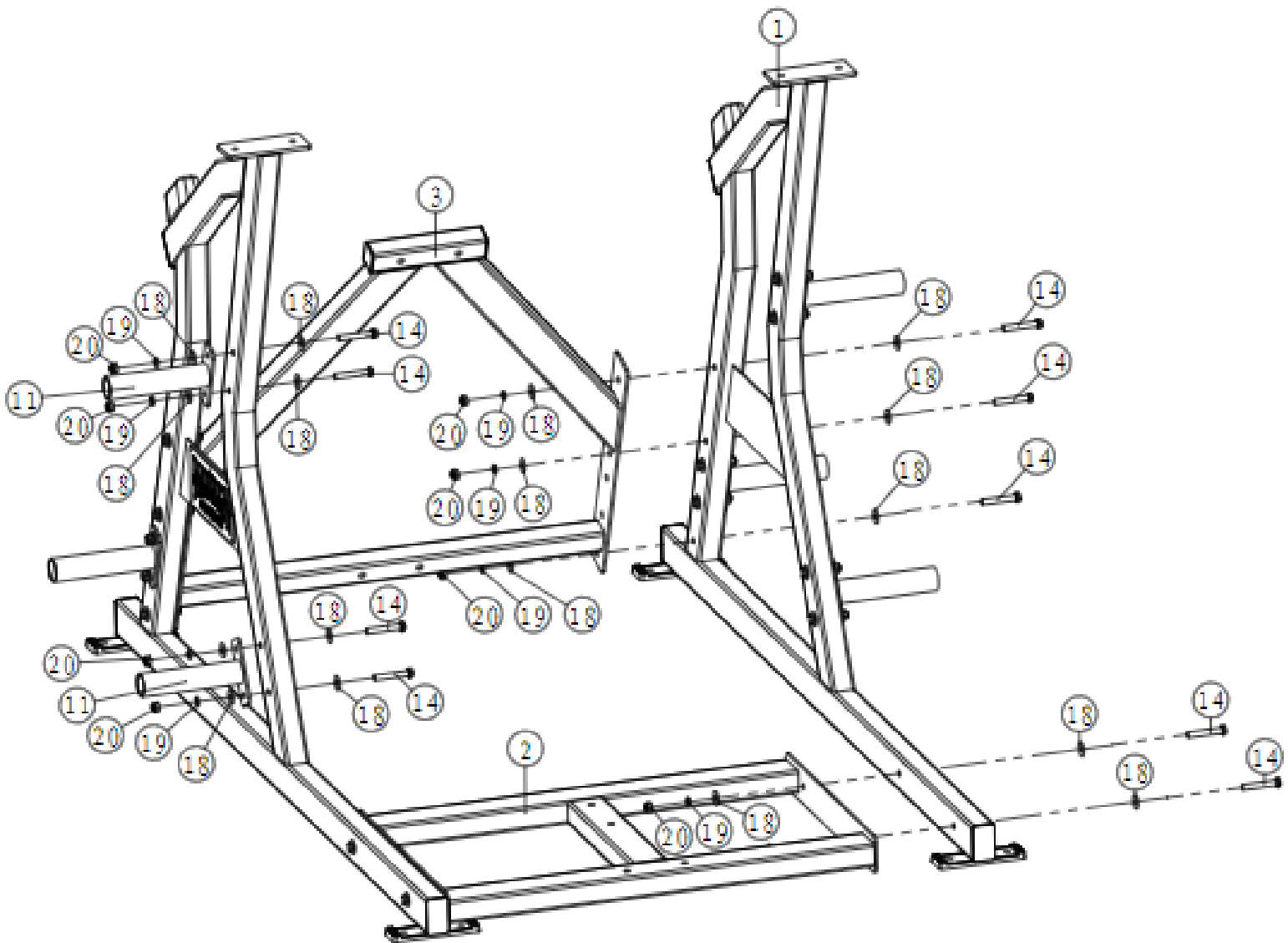
Ensure to tighten all nuts and bolts, lubricate any sliding parts, bearings, and moving mechanisms. We also suggest applying Loctite or any kind of thread locking adhesive to anything that does not thread into a Teflon nut. It is also important to ensure that every movement arm is properly aligned prior to frequent use, and that the machine that you are assembling is fully functional.

Tools Required for Installation:
Rubber Mallet
Level
Ratchet and Socket Set
Snap Ring Pliers
Adjustable Wrench
2 People Required

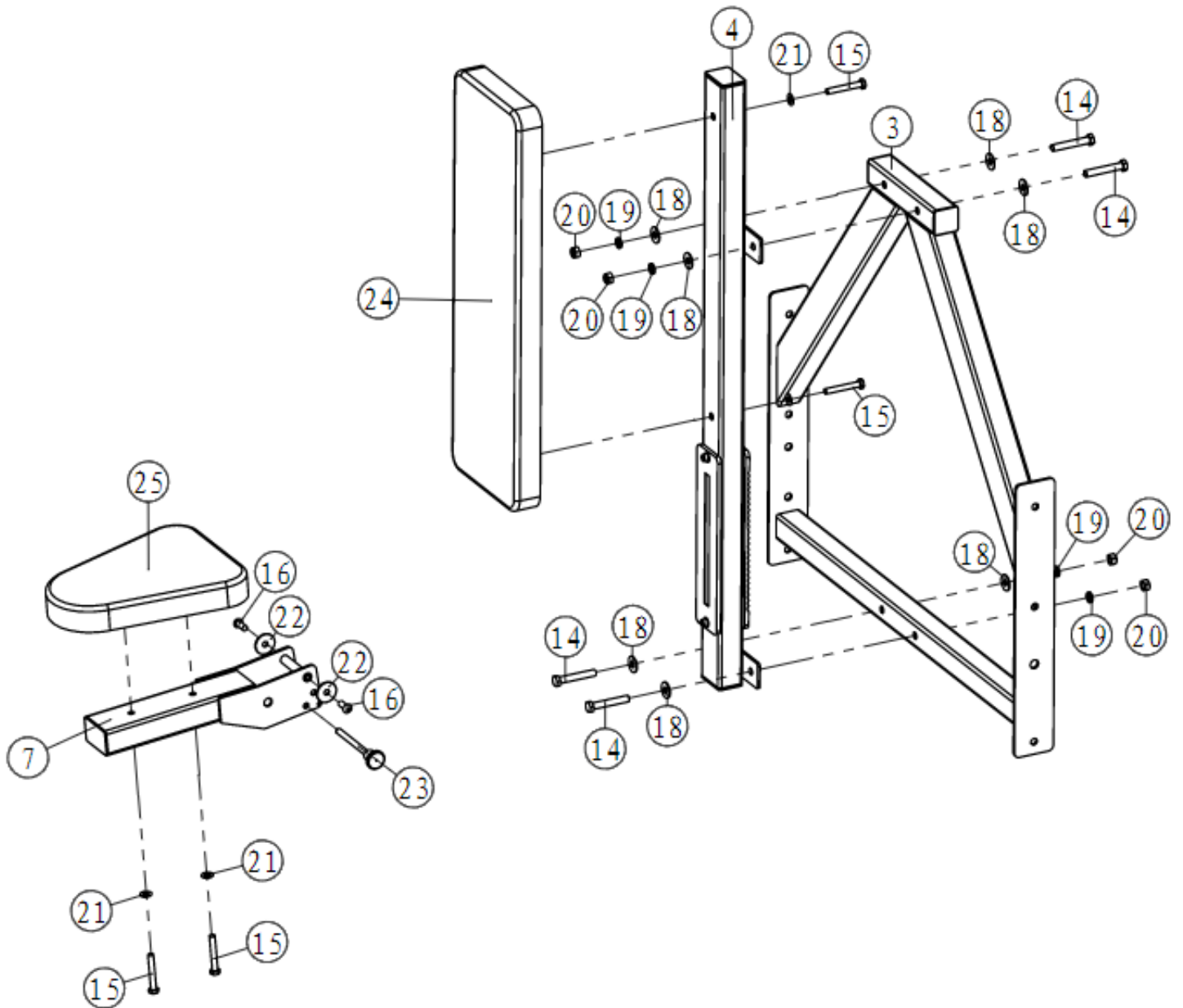
PARTS/HARDWARE LIST

Number of Parts	Part Description	Quantity
1	Support Upright	2
2	Cross Assembly	1
3	Seat Adjuster Assembly	1
4	Pivotal Pad Mount	1
5	Pivotal Pad Mount	1
6	Right Arm	1
7	Seat Support	1
8	Arm Housing	1
9	Seat Support	1
10	Leg Pad Frame	1
11	Weight Holder	6
12	Weight Holder	2
13	Bearing	4
14	Hexagon Head Bolts M12x75	38
15	Hexagon Head Bolts M10x70	12
16	Hexagon Socket Button Head Screws M10x25	6
17	Hexagon Head Bolts M12x85	8
18	Plain Washers	100
19	Spring Lock Washers	50
20	Hexagon Nuts M12	50
21	Plain Washers	12
22	Plastic Washers	6
23	Adjusting Bolt	2
24	Back Pad Assembly	1
25	Seat Pad Assembly (Lat Side)	1
26	Seat Pad Assembly (Chest Side)	1
27	Chest Pad Assembly	1

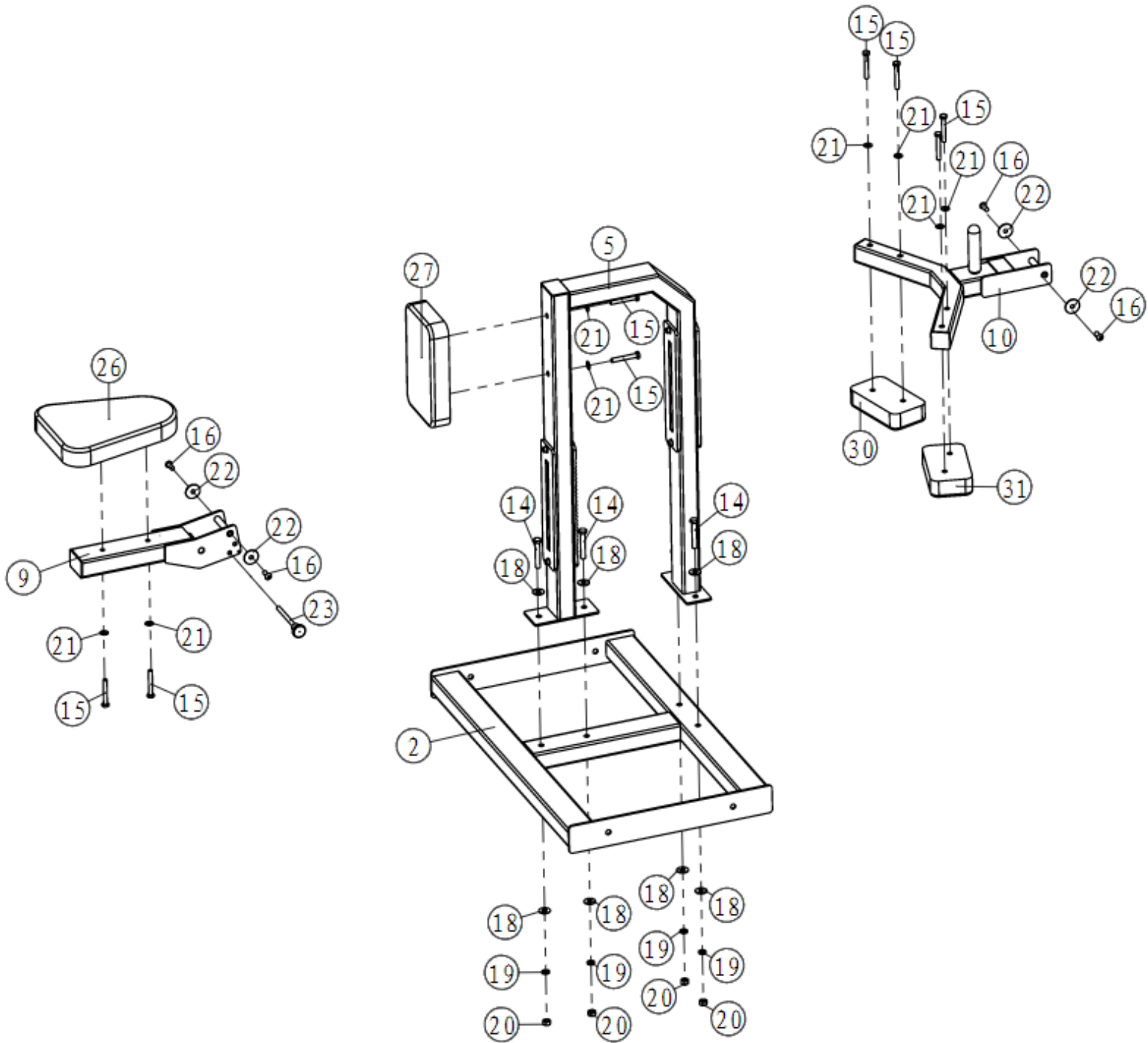
Frame Assembly



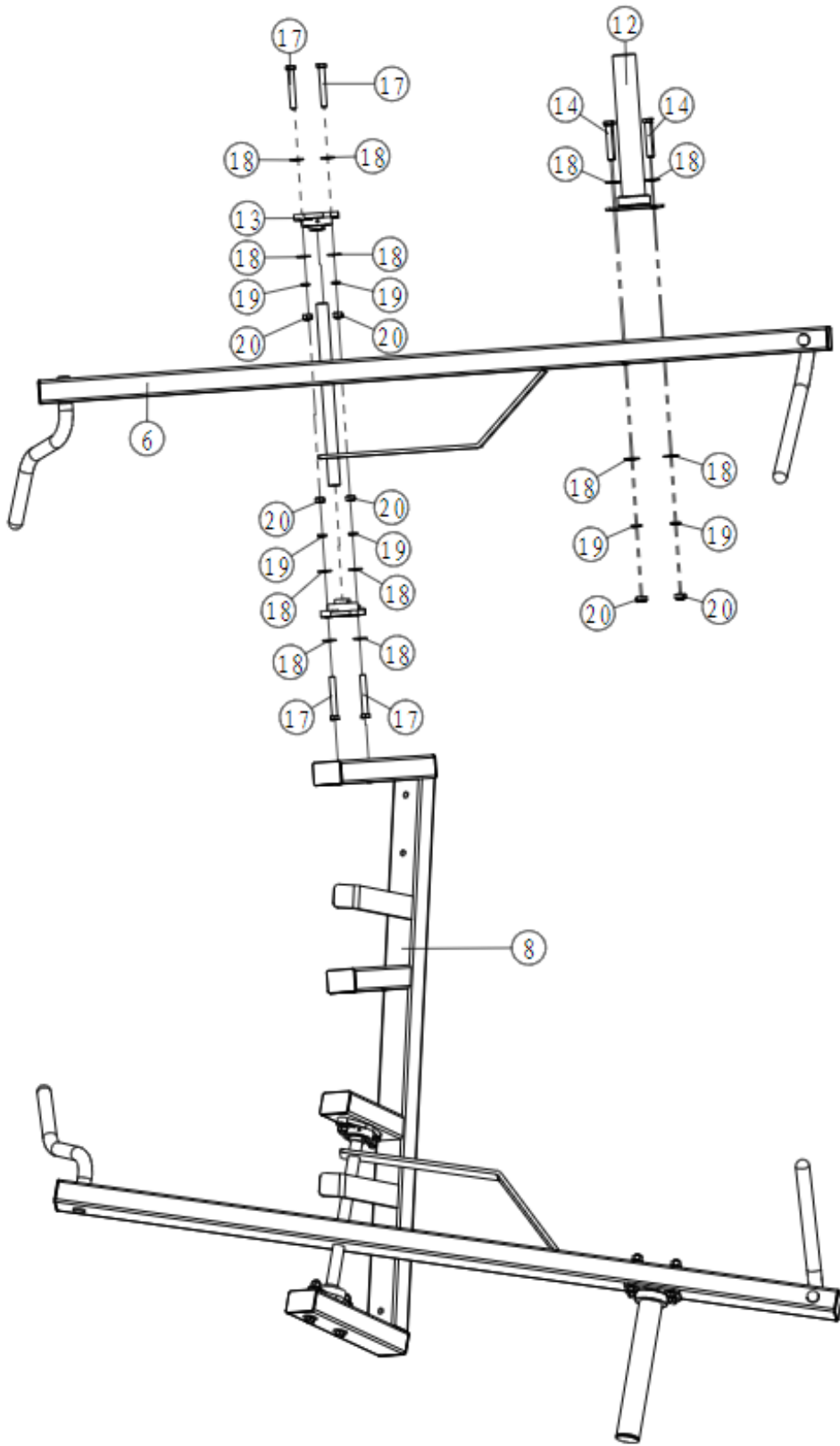
Chest Press Cushion Assembly



Lat Pulldown Cushion Assembly



Force Arm Assembly



Have a question about assembly?



Please contact a Gym Bro Fitness Team Member!

Hours of Operation:

Monday-Friday 9:00am - 5:00pm (PST)

Saturday 9:00am - 3:00pm (PST)

Sunday CLOSED

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Email: info@gymbrofitness.com

Visit Our Website: www.gymbrofitness.com