



# Leg Press - Hack Squat Combo

## ASSEMBLY INSTRUCTIONS



**Please take the time to carefully read the instruction manual before starting the process of assembling your machine. If you have any inquiries or complications, please call us at 662-GYM-BROS, or email us at info@gymbrofitness.com.**

**Ensure to tighten all nuts and bolts, lubricate any sliding parts, bearings, and moving mechanisms. We also suggest applying Loctite or any kind of thread locking adhesive to anything that does not thread into a Teflon nut. It is also important to ensure that every movement arm is properly aligned prior to frequent use, and that the machine that you are assembling is fully functional.**

<b>Tools Required for Installation:</b>
Rubber Mallet
Level
Ratchet and Socket Set
Snap Ring Pliers
Adjustable Wrench
2 People Required

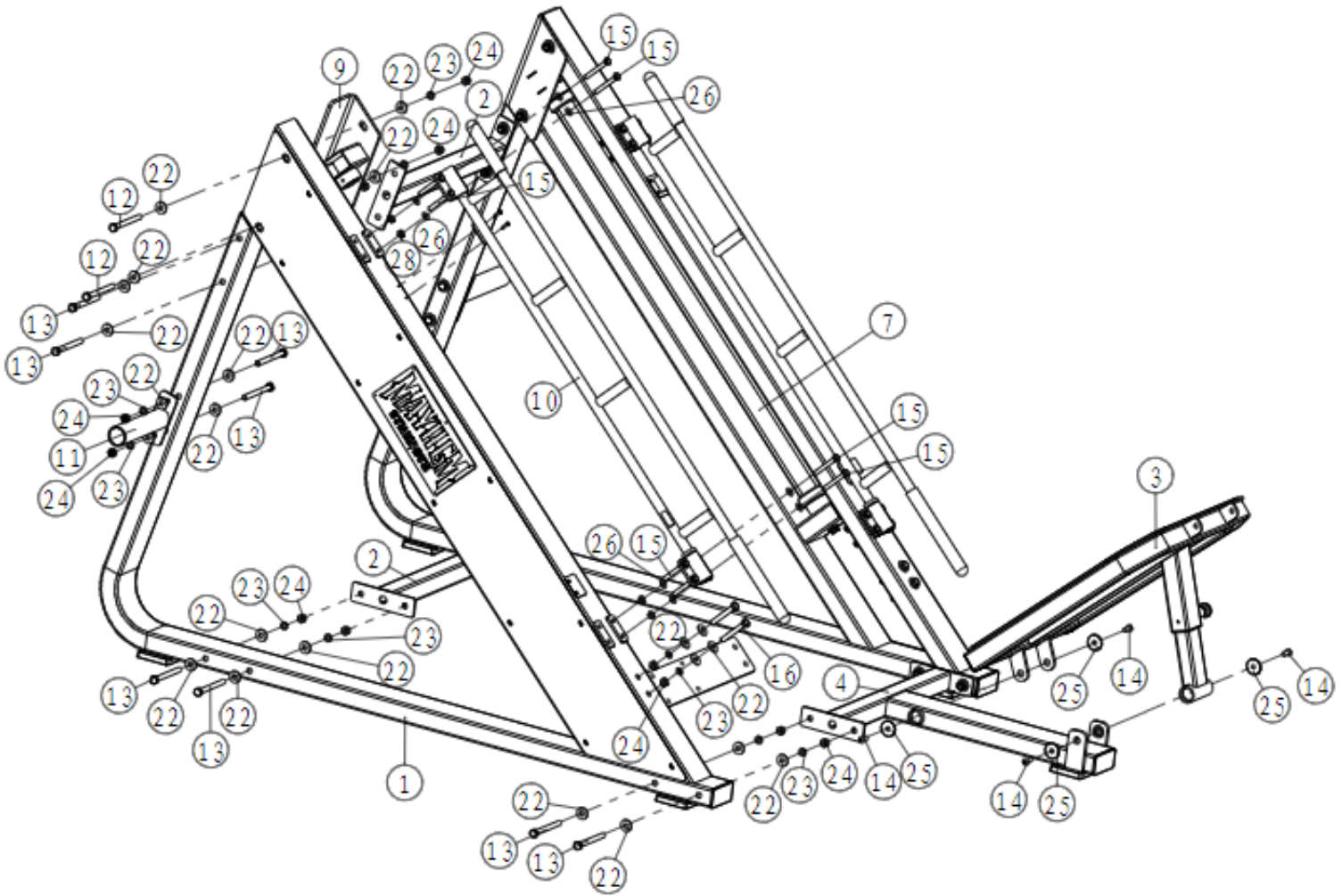
## PARTS/HARDWARE LIST

<b>Part Number</b>	<b>Part Description</b>	<b>Quantity</b>
1	Support Upright	1
2	Cross Assembly	2
3	Foot Plate	1
4	Cross Assembly	1
5	Carriage	1
6	Connecting Plate	1
7	Linear Shaft	2
8	Adjusting Panel	1
9	Connecting Plate	1
10	Handle Stopper	1
11	Weight Holder	2
12	Hexagon Head Bolts M12x125	4
13	Hexagon Head Bolts M12x125	16
14	Hexagon Socket Button Head Screws M10x25	4
15	Hexagon Head Bolts M12x75	16
16	Hexagon Head Bolts M12x80	4
17	Hexagon Head Bolts M12x70	4
18	Hexagon Head Bolts M12x20	11
19	Hexagon Head Bolts M12x85	4
20	Hexagon Head Bolts M12x30	2

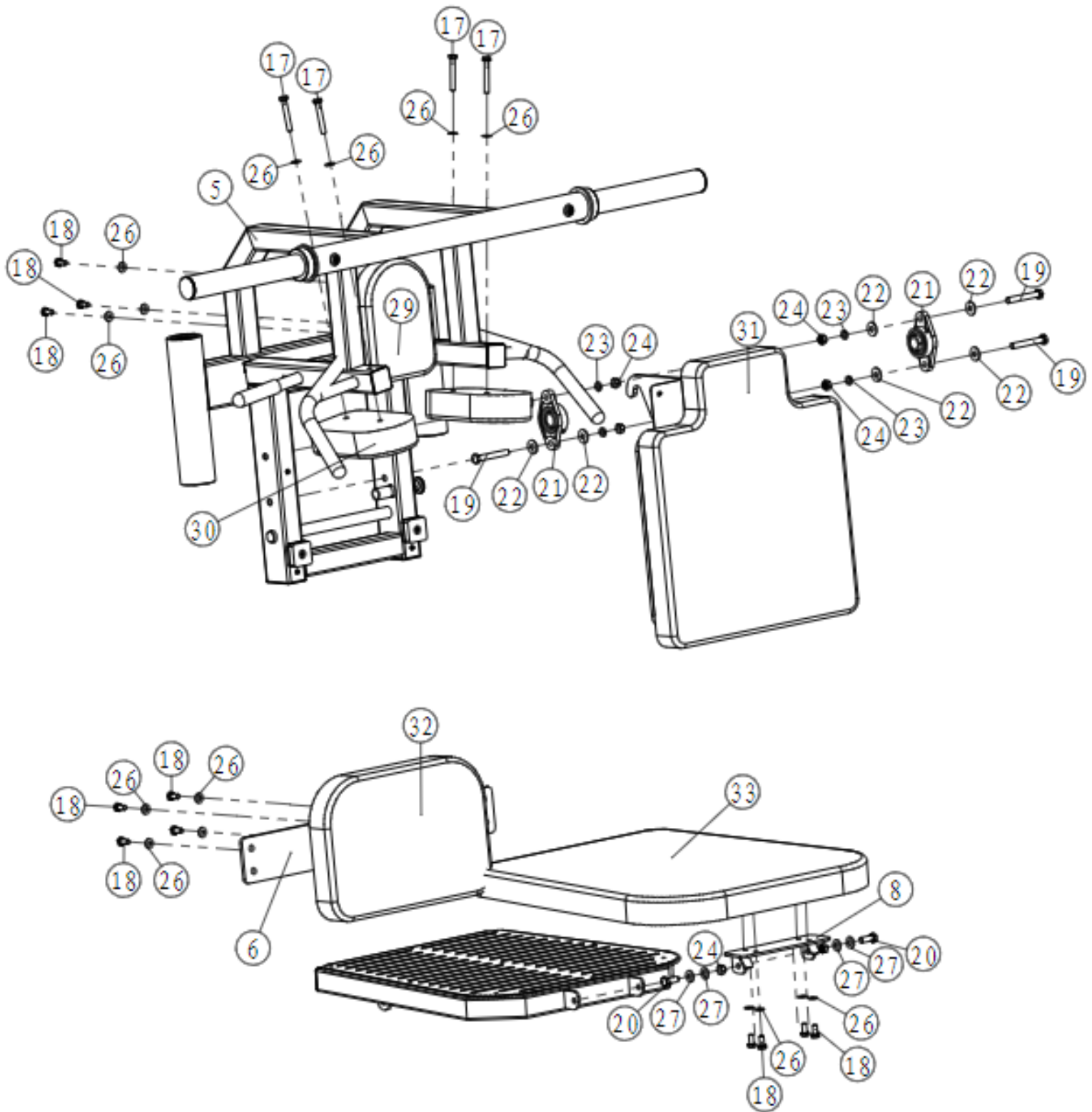
## PARTS/HARDWARE LIST Continued

<b>Part Number</b>	<b>Part Description</b>	<b>Quantity</b>
21	Bearing	2
22	Plain Washers	60
23	Spring Lock Washers	31
24	Hexagon Nuts M12	31
25	Plastic Washers	4
26	Plain Washers M10	49
27	Plain Washers M12	4
28	Hexagon Nuts M10	18
29	Head Pad Assembly	1
30	Arm Pad Assembly	1
31	Pad	1
32	Seat Pad Assembly	1
33	Back Pad Assembly	1

# Frame Assembly



## Cushion and Foot Plate Assembly



**Have a question about assembly?**



**Please contact a Gym Bro Fitness Team Member!**

**Hours of Operation:**

**Monday-Friday 9:00am - 5:00pm (PST)**

**Saturday 9:00am - 3:00pm (PST)**

**Sunday CLOSED**

**Phone: (662)GYM-BROS**

**Email: [info@gymbrofitness.com](mailto:info@gymbrofitness.com)**

**Visit Our Website: [www.gymbrofitness.com](http://www.gymbrofitness.com)**