



# **Pectoral Fly/Rear Delt Combo Selectorized ASSEMBLY INSTRUCTIONS**



**Please take the time to carefully read the instruction manual before starting the process of assembling your machine. If you have any inquiries or complications, please call us at 662-GYM-BROS, or email us at [info@gymbrofitness.com](mailto:info@gymbrofitness.com).**

**Ensure to tighten all nuts and bolts, lubricate any sliding parts, bearings, and moving mechanisms. We also suggest applying Loctite or any kind of thread locking adhesive to anything that does not thread into a Teflon nut. It is also important to ensure that every movement arm is properly aligned prior to frequent use, and that the machine that you are assembling is fully functional.**

<b>Tools Required for Installation:</b>
Rubber Mallet
Level
Ratchet and Socket Set
Snap Ring Pliers
Adjustable Wrench
2 People Required

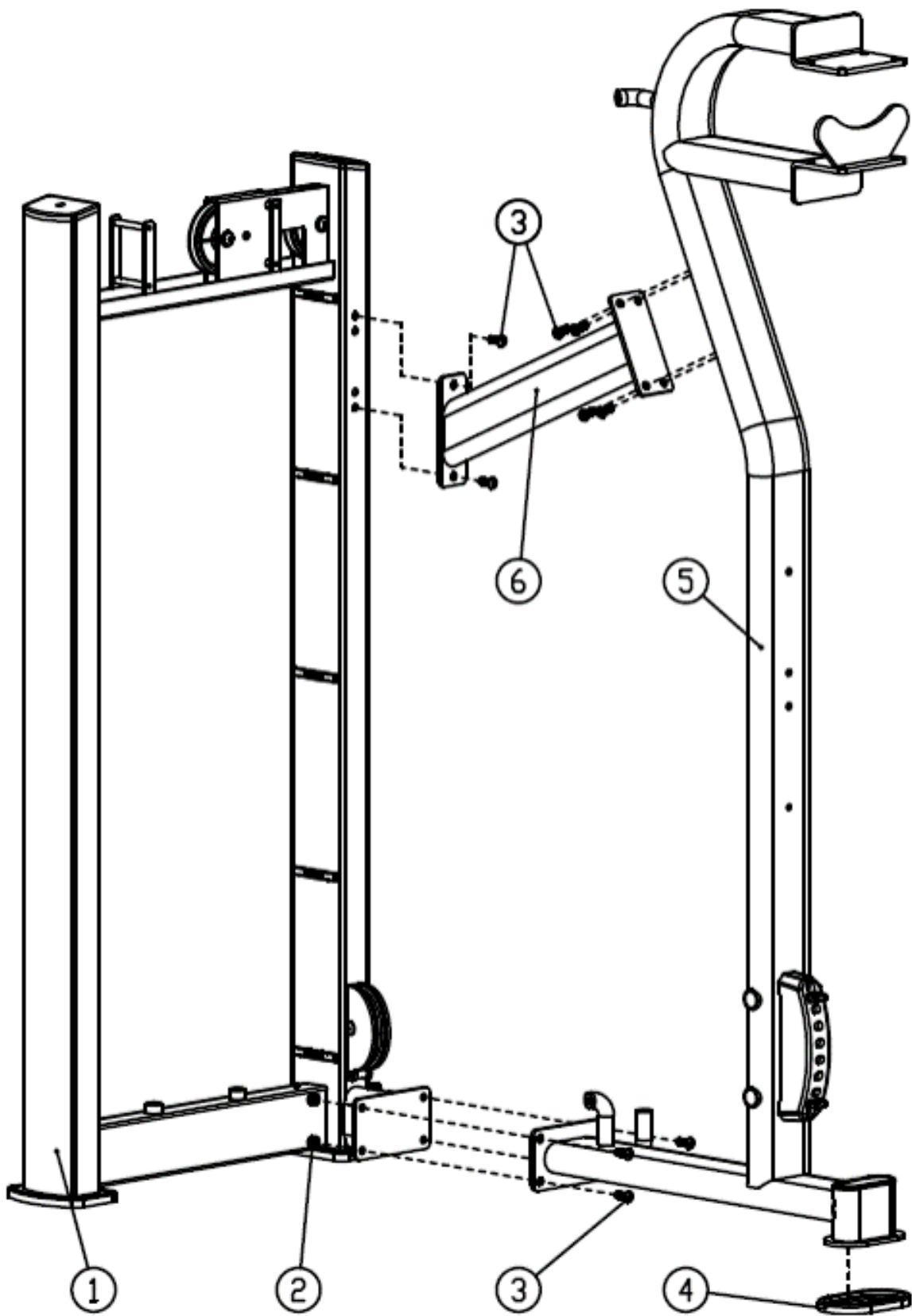
# PARTS/HARDWARE LIST

<b>Part Number</b>	<b>Part Description</b>	<b>Quantity</b>
1	Balance Weight Frame	1
2	M10 Locknut	4
3	Hexagon Socket Button Head Screws M10x25	14
4	Rubber Footpad	1
5	Side Frame	1
6	Joints	1
7	Headrest Set	2
8	Seat	1
9	Seat Shaft	4
10	Seat Lining	4
11	Seat Rocker Arm	4
12	Seat Rocker Arm Cover	8
13	Inner Countersunk Head Screws M8x20	8
14	Universal Lining	4
15	Hexagon Socket Head Cap Screws M8x35	4
16	Line of Wheel Shaft M10x47	3
17	Line of Wheelset	3
18	Fixed Plate	2
19	Hexagon socket Button Head Screws M10x20	12
20	Left Adjustable Plate	1

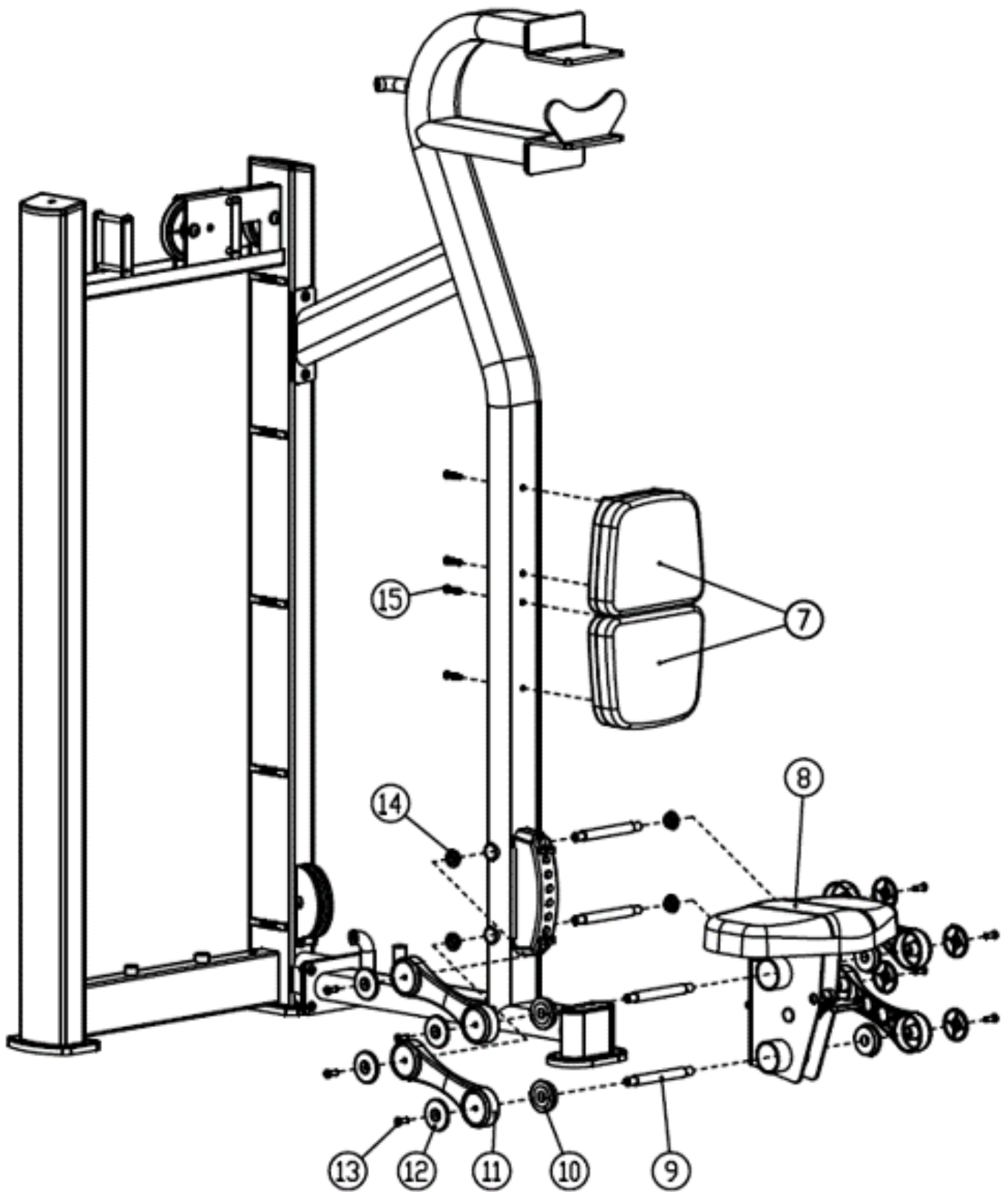
## PARTS/HARDWARE LIST Continued

<b>Part Number</b>	<b>Part Description</b>	<b>Quantity</b>
21	Force Arm	2
22	Principal Axis	2
23	Plastic Gasket	4
24	Force Arm Shaft	2
25	Movable Arm	2
26	Right Adjustable Plate	1
27	Hexagon Socket Button Head Screws M8x20	4
28	Head Crash Pad	1
29	Wire Rope (1)	1
30	Messenger Wire Wheel	1
31	Wire Rope (2)	1

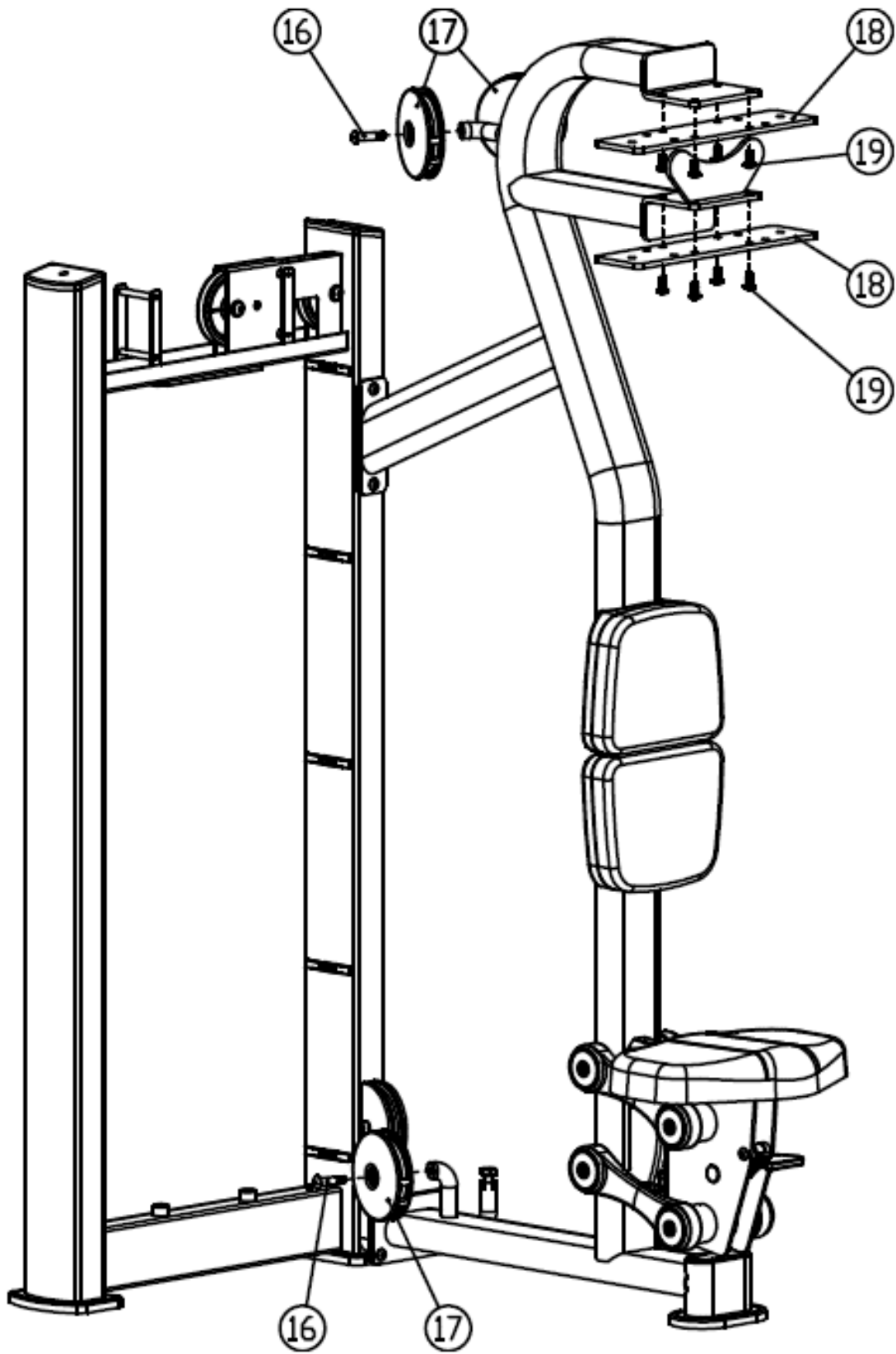
# Frame Assembly



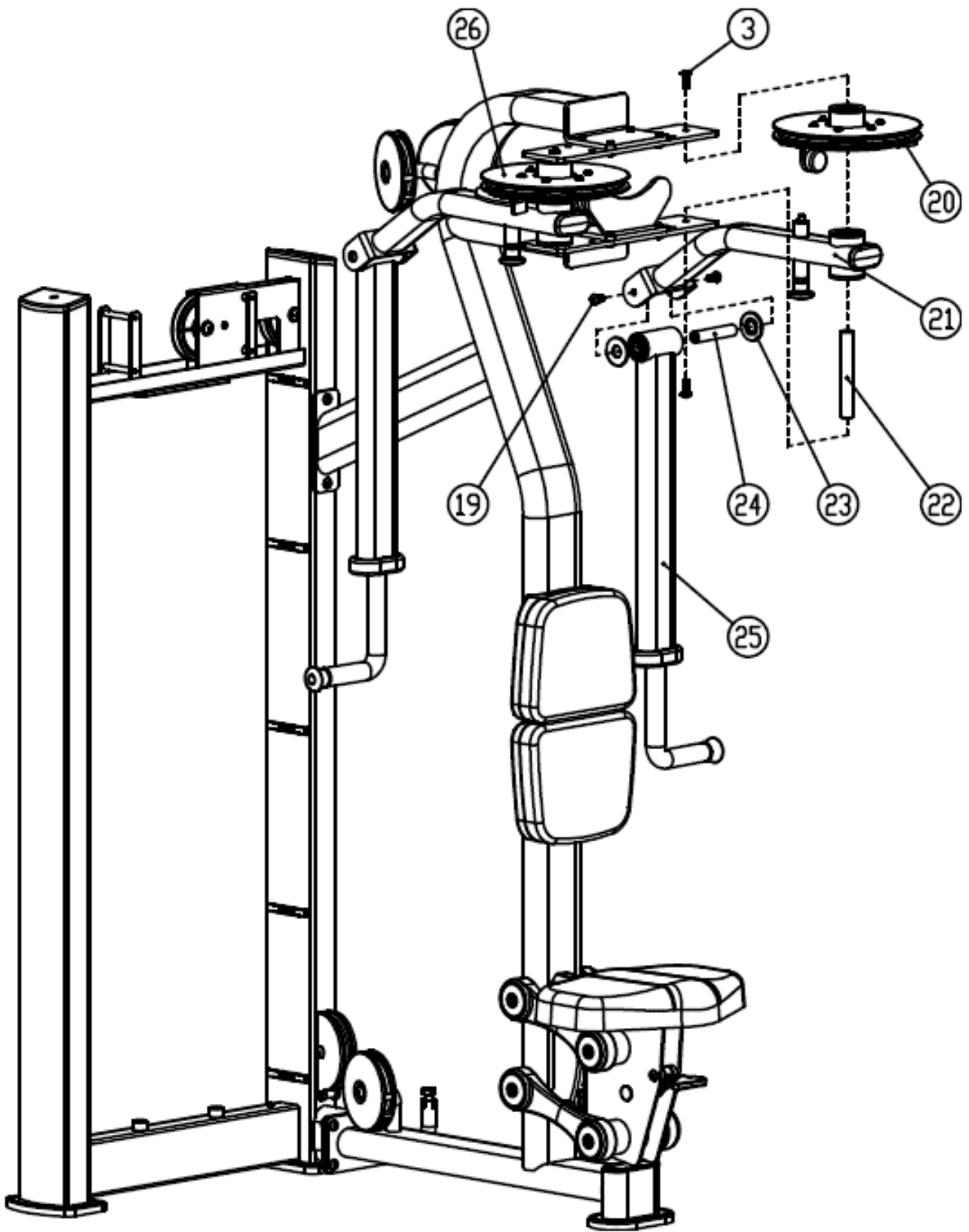
## Accessories and Cushion Installation



## Line Wheel and Fixed Plate Installation

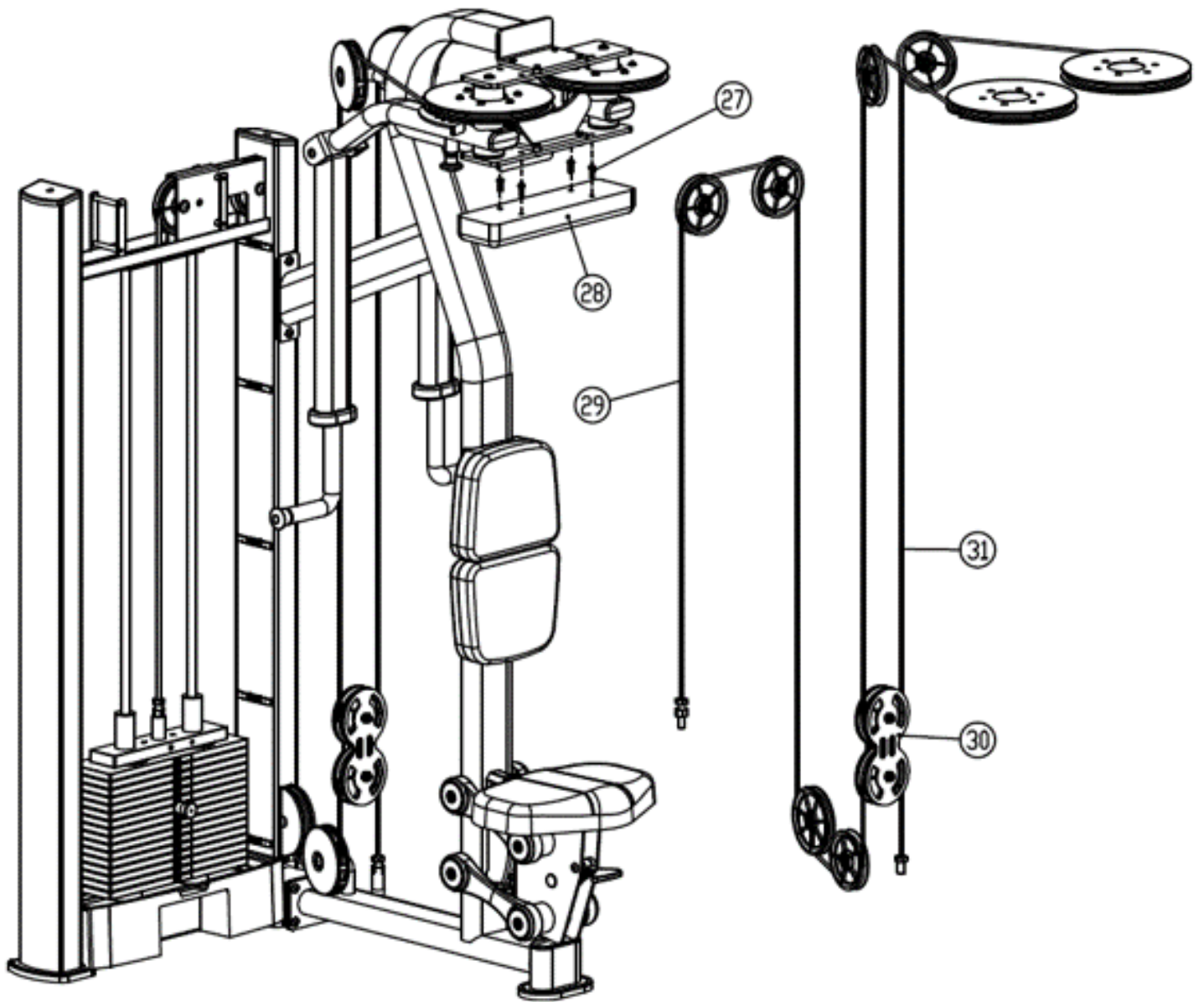


## Force Arm Installation

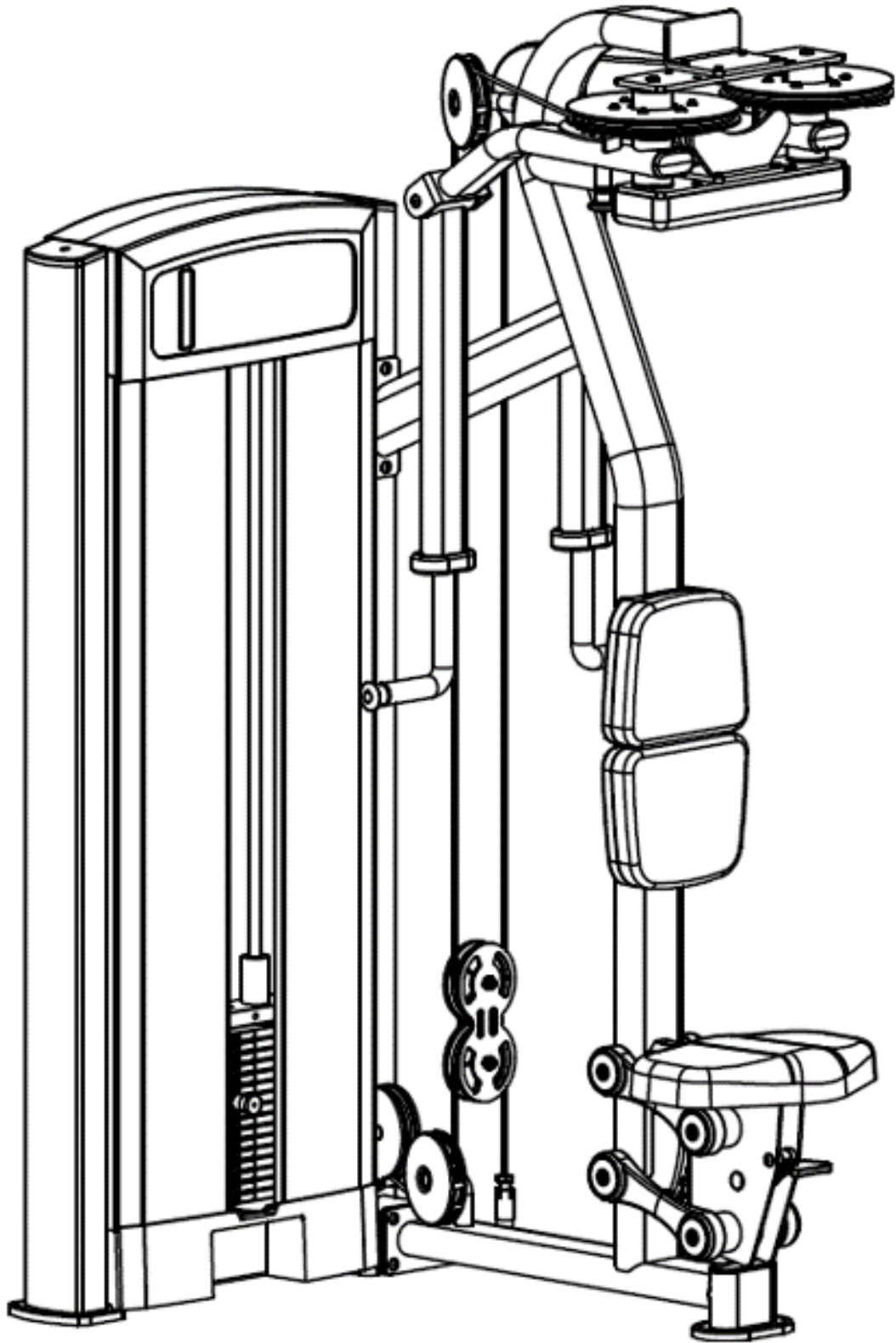




# Cable Installation



## Cover Installation



**Have a question about assembly?**



**Please contact a Gym Bro Fitness Team Member!**

**Hours of Operation:**

**Monday-Friday 9:00am - 5:00pm (PST)**

**Saturday 9:00am - 3:00pm (PST)**

**Sunday CLOSED**

**Phone: (662)GYM-BROS**

**Email: [info@gymbrofitness.com](mailto:info@gymbrofitness.com)**

**Visit Our Website: [www.gymbrofitness.com](http://www.gymbrofitness.com)**