



Smith Machine Squat Rack Combo ASSEMBLY INSTRUCTIONS



Please take the time to carefully read the instruction manual before starting the process of assembling your machine. If you have any inquiries or complications, please call us at 662-GYM-BROS, or email us at info@gymbrofitness.com.

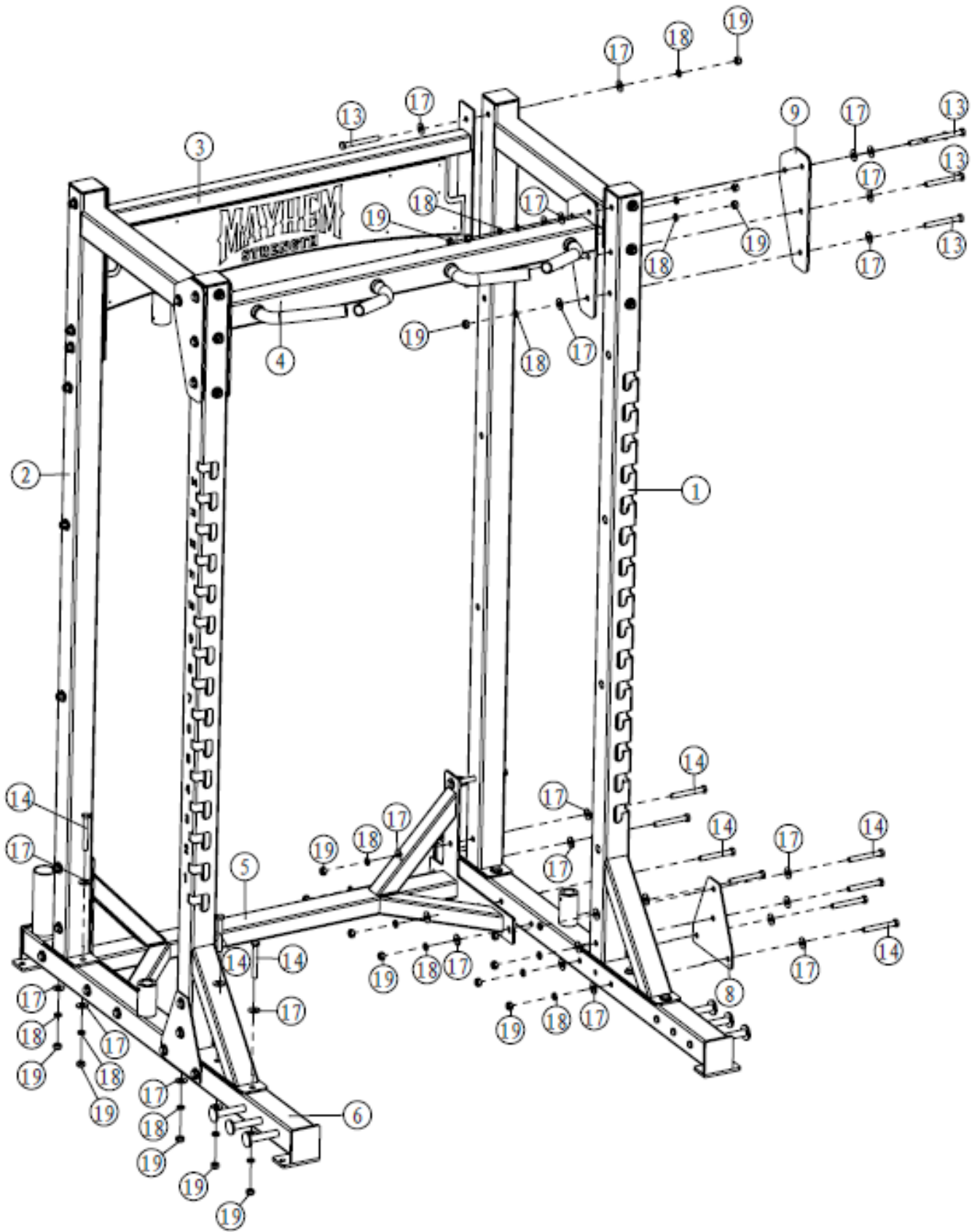
Ensure to tighten all nuts and bolts, lubricate any sliding parts, bearings, and moving mechanisms. We also suggest applying Loctite or any kind of thread locking adhesive to anything that does not thread into a Teflon nut. It is also important to ensure that every movement arm is properly aligned prior to frequent use, and that the machine that you are assembling is fully functional.

Tools Required for Installation:
Rubber Mallet
Level
Ratchet and Socket Set
Snap Ring Pliers
Adjustable Wrench
2 People Required

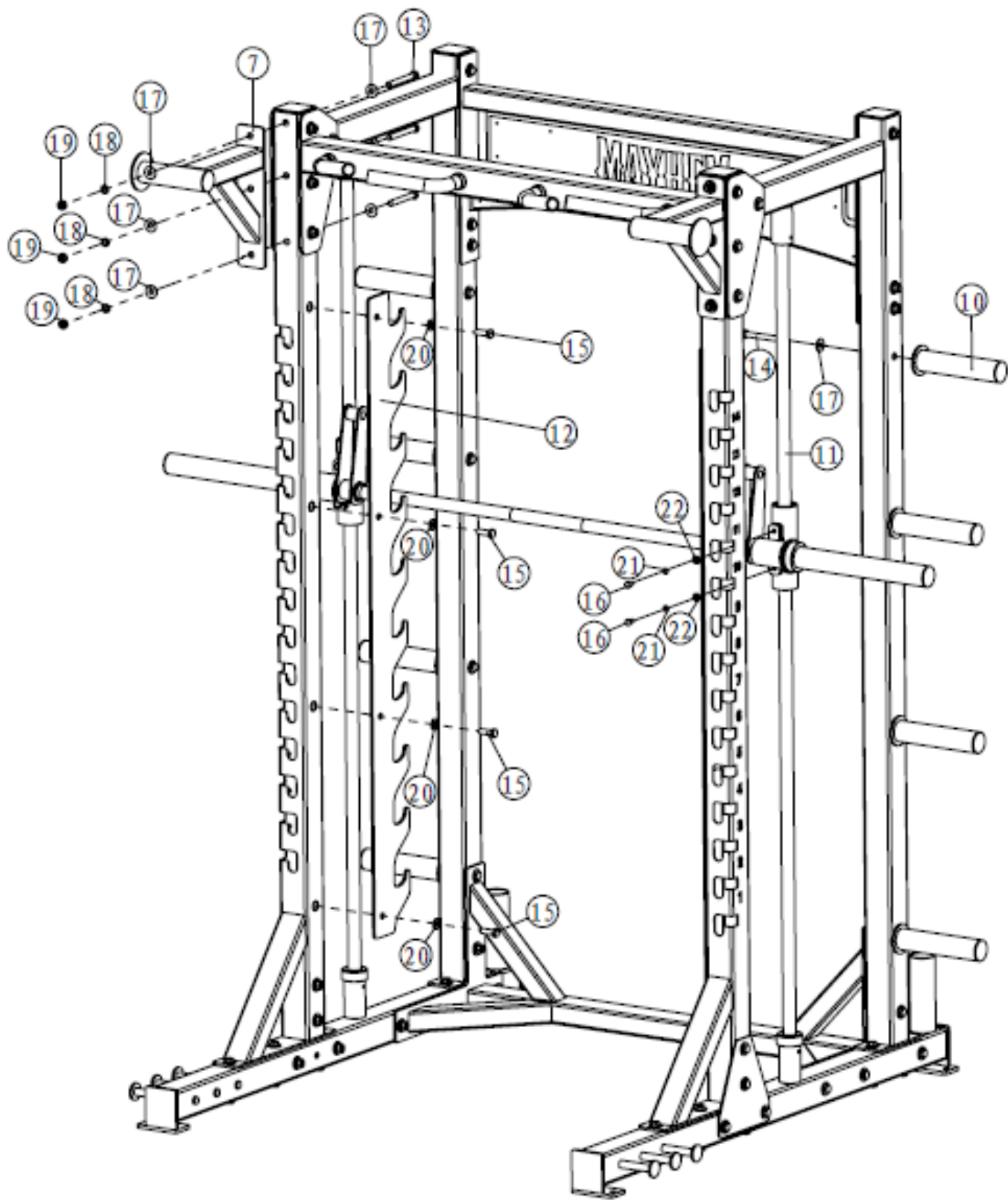
PARTS/HARDWARE LIST

Number of Parts	Part Description	Quantity
1	Upper Arm Assembly	1
2	Support Upright	1
3	Cross Assembly	1
4	Cross Assembly	1
5	Cross Assembly	1
6	Cross Assembly	1
7	Resistance Band Holder	1
8	Connecting Plate	2
9	Connecting Plate	2
10	Weight Holder	8
11	Linear Shaft	2
12	Bar Holder	2
13	Hexagon Head Bolts M12x105	21
14	Hexagon Head Bolts M12x95	35
15	Hexagon Head Bolts M12x35	8
16	Hexagone Head Bolts M8x15	4
17	Plain Washers	112
18	Spring Lock Washers	56
19	Hexagon Nuts M12	56
20	Plain Washers	8
21	Spring Lock Washers	4
22	Plain Washers	4

Frame Assembly



Accessory Installation



Have a question about assembly?



Please contact a Gym Bro Fitness Team Member!

Hours of Operation:

Monday-Friday 9:00am - 5:00pm (PST)

Saturday 9:00am - 3:00pm (PST)

Sunday CLOSED

Phone: (662)GYM-BROS

Email: info@gymbrofitness.com

Visit Our Website: www.gymbrofitness.com